

Delaware Food Is Medicine

Improving Health, Strengthening Systems, Sustaining Communities

Agenda

Delaware Food Is Medicine Committee Meeting
August 26, 2025, 11:00am
Hybrid: Virtual and Tatnall Building, Third Floor

- 1. Welcome & Introductions**
- 2. DE FIM Definition**
- 3. Introduce the Workgroup Chairs**
- 4. FIM Workgroup Roadmap/Goals**
- 5. FIM Upcoming Meetings**
- 6. Public Comment**

Delaware Food is Medicine Definition

“Food is Medicine” (FIM) programs integrate food-based nutritional interventions into healthcare to prevent or treat disease and advance health equity. These health sector strategies prescribe medically tailored meals, groceries, and/or produce to support disease management and overall well-being, based on individual health conditions and social needs. In Delaware, FIM means leveraging our network of community health workers, collaborating with our community-based organizations, prioritizing our agricultural community, and incorporating a diverse range of animal proteins, fruits, vegetables, and value-added foods to promote health.



Workgroup Chairs

Program Implementation - Maggie Norris-Brent, Chief External Affairs & Communications Officer, Westside Family Health

Funding, Policy, Sustainability - Co-Chairs: Michelle Axe, Farm and Food Policy Council Member and Manager, Food is Medicine, Christiana Care **and** Andrew Wilson, Division Director, Division of Medicaid and Medical Assistance

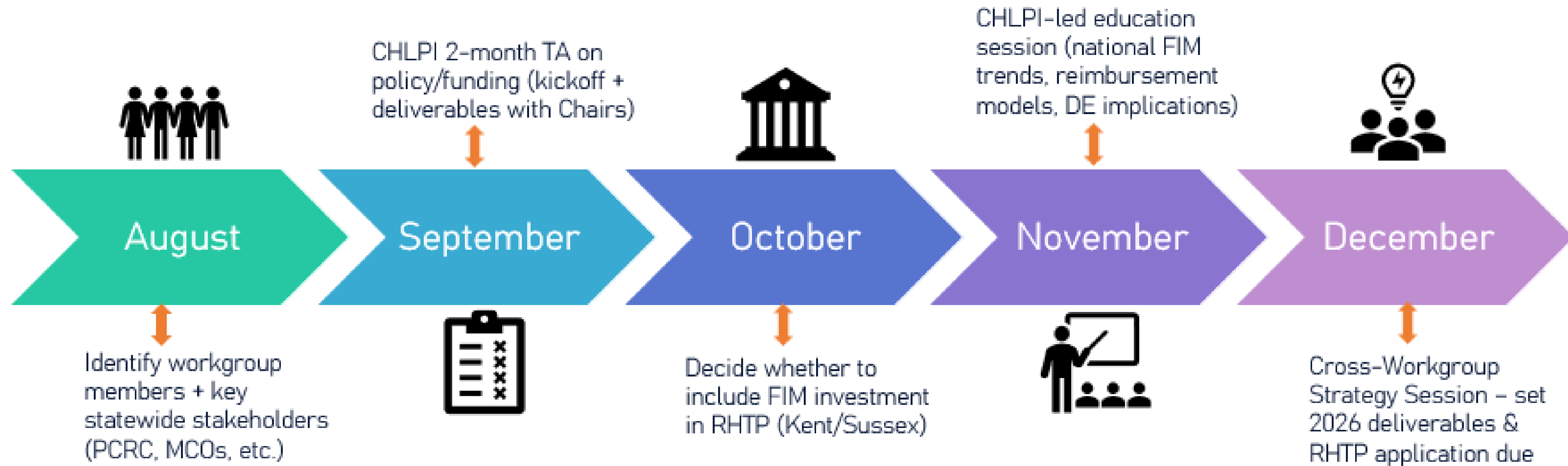
Data, Research, Evaluation- Allison Karpyn, Co-Director of the Center for Research in Education and Social Policy and Professor of the Human Development and Family Sciences, University of Delaware

Workgroup Roadmap/Goals

Primary Focus for 2025/2026

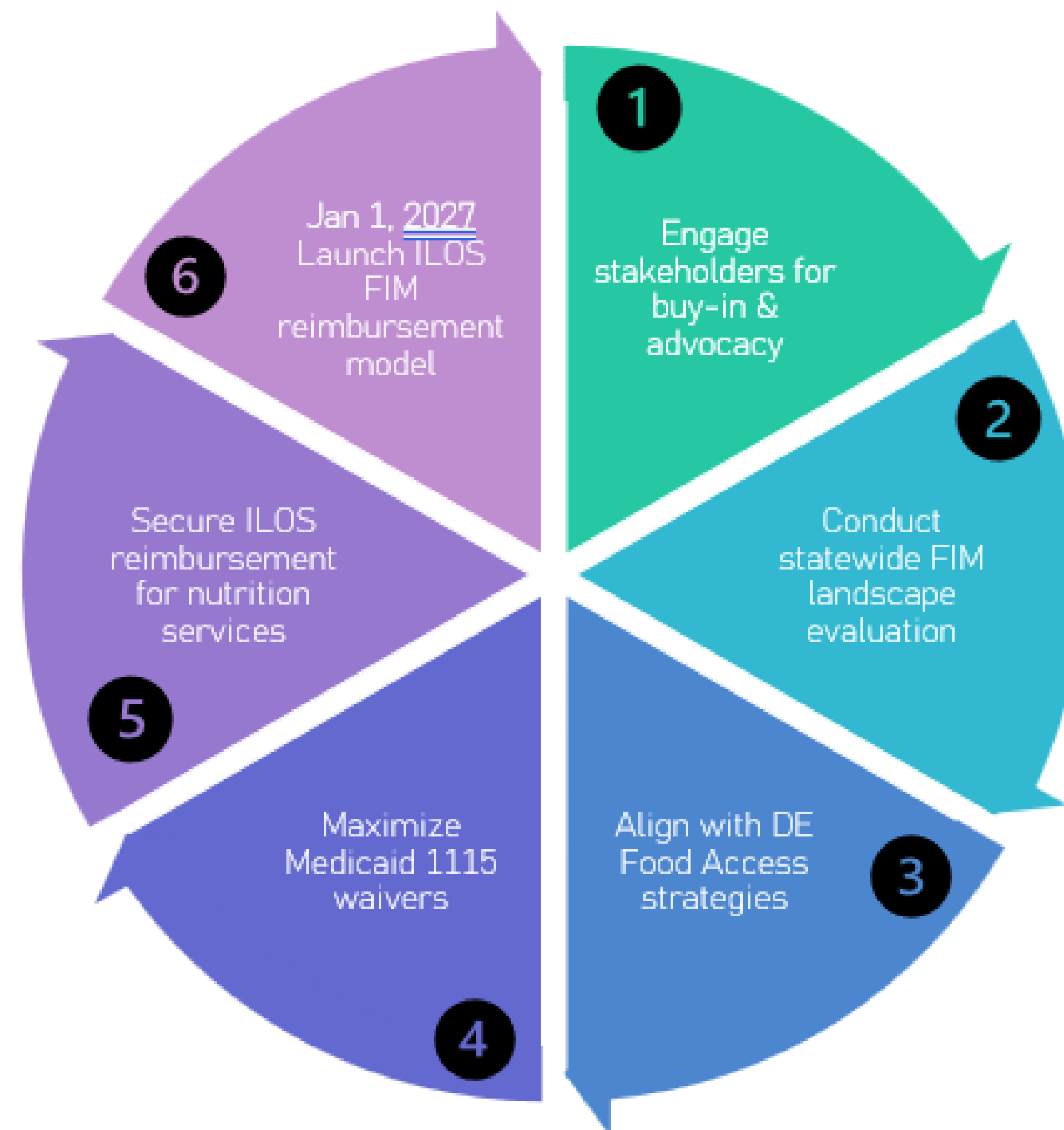
- Advance **funding & policy opportunities** to make FIM programs **sustainable and scalable** in Delaware
- Ensure FIM is embedded into healthcare delivery by leveraging:
 - **Current** – Medicaid 1115 waiver
 - **Potential** – In Lieu of Services (ILOS)
 - **Future** – State legislative action
- Stay aligned with **national movement** to strengthen clinical–local procurement, community partnerships, and reimbursement models

Workgroup Roadmap/Goals



FIM – Food is Medicine, PCPR – Primary Care Reform Committee, MCOs – Managed Care Organizations, CHLPI – Center for Health Law and Policy Innovation (Harvard Law), RHTP – Rural Health Transformation Program

Workgroup Roadmap/Goals 2025 - 2027



Upcoming Meetings

- Monday, September 22, 2025 at 1:00pm
- Tuesday, October 25, 2025 at 1:00pm
- Tuesday, November 18, 2025 at 1:00pm

Questions/Public Comment