

Behavioral Health Consortium Meeting Notes

Date and Time:	6/17/2019 10am-12pm	Location:	Delaware Room, Public Archives
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Topic: Welcome and Introductions

Review of previous meeting notes: Meeting Minutes approved

Topic: Story of Recovery

Presentation: Gregory Apps, a parent, shared the story of getting his daughter into long term treatment. He noted the difficulties that he faced due to his daughter being privately insured. He noted that there were no long term facilities for children who are privately insured in DE so they had to go out of state for daughter to get treatment. He was able to get his daughter Medicaid and is now getting services within the state. Advocating for long term facility for children in the state

Topic: Pause Meeting

Presentation: Mary Kane from Concept Systems spoke about the findings from the Pause Meeting that was held in May. Some of the main findings involved the need for clear tasks and goals, better communication structure and understanding the landscape of who is doing what work. Mary Kane and BHC staff will work to explore the “right-sized level” of staff for committees, revisit and clarify the role of the BHC, create an environmental scan of the work being done in this area, create roadmaps for how the committees can do the work

Topic: DSAMH Presentation

Presentation: Director Romero provided a brief presentation on the new Family Coaching Helpline which is an initiative that was in partnership with DHSS and the Partnership for Drug-Free Kids. This helpline is geared to provide personalized support to families. The helpline offers the option to have peer support. This support is provided by peers, who are trained in Motivational Interviewing. Families have about 5 tailored coaching sessions.

The number for this line is 1-855-DRUGFREE or text HopeDE to 55753 and drugfree.org/Delaware

Rebecka Rosenquist from Shatterproof spoke about how Delaware would be participating in a 5 state pilot quality improvement project. Shatterproof is a non-profit focused on addiction treatment and exploring what quality treatment looks like. The other states participating are West Virginia, New York, Massachusetts, and Louisiana. This project will create a quality rating system for addiction treatment services. This is a 2 year pilot that has \$5 million dollars funded by Robert Wood Johnson Foundation and six national health plans. The rating system will have a public facing platform which will be the rating system. There will also be an internal facing website for providers, payers and state agencies to

understand the data. The data that will be used to create the rating system will be a treatment program survey, analysis of claims data and consumer experience data (crowd sourced consumer input).

Topic: Nemours Presentation

Presentation: Dr. Meghan Walls from Nemours spoke about the different initiatives Nemours has. Dr. Walls spoke about how the hospital has expanded services and programs to reach more children and improve whole health. Nemours just created a website that provides information on behavioral health, what do if there is a crisis and what to say. They are open to feedback about the website. The website: <https://www.nemours.org/services/behavioral-health-resources/coping.html>

Another initiative on integrated primary care is being expanded upon. The resources that they now have include a food pantries and tutoring club. They are also working to do more telehealth. One issue they have run into is with the co-managed well visits, there are no billing codes for preventative care, a diagnosis is needed to bill.

Project Launch is a SAMHSA funded grant that pilots psychology and physician co-managed well visits

Healthy Steps is a pilot program that is happening at one clinic in which families that are identified as high risk receive 13 psychology well visits from 0-3 years old.

Topic: Department of Children, Youth and Their Family

Daphne Warren from the Division of Prevention and Behavioral Health spoke on the new grants for 2019:

- System of Care (SOC) Expansion Grant (\$1.5M, four years)
- Project DelAWARE (\$1.8M, five years)
 - DOE partnership
- Clinical High-Risk (\$400K per year, four years)
 - Partnering with DSAMH is working with clinically high risk youth in transition, to ensure that appropriate level of care is continue as an adult.
- Delaware Child Psychiatry Access Program (\$445K, five years)
 - Targeted case management will serve kids who need it, partnering psychiatric and pediatric care, to identify early onset of psychosis.
- State Opioid Response (\$1M per year, two years)

Director Parker from the Division of Family Services spoke on Plan for Safe Care program, a comprehensive plan for families where infants with prenatal substance exposure: prescriptions, alcohol, etc. The program stems from House Bill 140: Aiden's Law - aiming to prevent infant deaths by providing mothers and infants the proper care needed after dealing with drugs. It is found that most mothers are not engage in treatment. Therefore, the program ensures that families have access to appropriate services prior to child birth. Across Delaware's 6 birthing centers, statistics has shown that there has been families, however there has been a slight decrease this year. Furthermore, there is total of 10 case management workers across the state.

Goals for the Division: safe sleep, am emphasis of safe storage of medications

Current Stats: 100 Kids waiting to be adopted, 650 kids in foster care

Topic: Committee Reports

CPS: Have accomplished all Year1 tasks. Focused on building business relationships and is currently considering an event with employer and how to connect. Currently drafting the best practices in the workplace on recovery for employee/employers (has requested guidance on this matter). Educating public officials on opioid impact fee. Project Purple advocating funding, kickoff in October

A&T: Does not wish to be broken down, but wants to be more task focused. Currently creating a prioritized list of tasks. Narcan distribution July 2nd

CLE: Mark Richman, currently working to increase training in DOC; Crisis Intervention Program in July; Medicaid suspension begins January2020; Diversion Program: Partnering with DSAMH, AG, and DOC in efforts to increase effectiveness.

D&P: will have representation of each committee; currently working on data resource guide

Topic: Announcements

Mental First Aid- Youth Training

NAMI Conference on Oct. 10th : A Day of Hope(Chase Center)

Military Conference on Sept 10th