



Behavioral Health Consortium

Meeting Minutes

Monday, December 17th, 2018

1:00-3:00P

Delaware Public Archives

I. Call to order

Lt. Governor Hall-Long called to order the 11th regular meeting of the Behavioral Health Consortium at 1:03PM at Delaware Public Archives.

II. Roll call

Lt. Governor Hall-Long conducted the roll call. The following Consortium members were present: Mr. David Humes; Dr. James Ellison; Ms. Susan Cycyk; Dr. Sandy Gibney; Dr. Joshua Thomas; Dr. Traci Bolander (proxy); Ms. Carolyn Petrak; Ms. Cheryl Doucette; Ms. Emily Vera; Dr. Jennifer Graber (proxy); Dr. Avani Virani; Ms. Jules Emory (proxy); Dr. Rebecca Walker; Ms. Becky King; Dr. Karyl Rattay; Ms. Tamera Fair; Dr. Michele Marinucci; Ms. Elizabeth Romero.

Members absent: Mr. Jeff Horvath; Senator Bryan Townsend; Mr. Jim Martin; Mr. Michael Bryson.

III. Story of Recovery

Ms. Jamie Hall, an individual in long-term recovery from substance use disorder, shared her personal story. Specifically, Ms. Hall conveyed to the Consortium the many barriers one must overcome in early recovery. Ms. Hall also expressed her interactions with the HERO program, which she attributes to many persons' success in seeking treatment.

IV. Approval of Meeting Minutes

Meeting minutes were approved unanimously by proper motion and second.

V. Lt. Governor's Challenge Update:

The Lt. Governor informed the Consortium of the official launch of the Lt. Governor's Challenge. The Lt. Governor further explained the Lt. Governor's Challenge will not only be a campaign to encourage schools, communities, and employers (social-ecological systems) on physical fitness, but would extend to promote brain health, including mindfulness. The Challenge's main objective, to promote complete health, while highlighting outstanding work that is currently underway from across the state. The Lt. Governor provided the URL: <https://ltgovernorschallenge.org/> and informed the Consortium that nominations have opened and are currently being accepted for the first round of submission.

VI. Overdose System of Care Update

Dr. Rattay provided a brief overview of the Overdose System of Care's first meeting, held at Dover Downs. In short, the group will be meeting over the next several months with the primary goal of designing a system of care and will be welcoming feedback from a number of stakeholder groups through different focus groups.

VII. Committee Update(s)

The Committee co-chairs provide an update, which include:

Access & Treatment: The Committee's ad-hoc subcommittees are currently meeting and discussing first year priorities. The subcommittees continue to provide greater attention to the recommendations, with the goal of accelerating the work.

Changing Perceptions & Stigma: The Committee has had three meetings to date, with the main foci being: 1) Employment and labor opportunity; 2) Support the statewide awareness campaign (Project Purple); 3) The impact specific language can have on perceptions; 4) HelpisHere website. At the most recent meeting, the Committee learned, at greater detail, the functions of the APEX program. Link herein: <https://apex.delawareworks.com/>.

Corrections & Law Enforcement: The Committee, through the meetings, plan to continue to prioritize the recommendations outlined and devise a plan to accomplish the priorities in a timely manner. The Corrections & Law Enforcement Committee also has a Veterans Response Team (VRT) subcommittee, which will begin meeting to discuss a statewide initiative that will promote and support VRT efforts.

Education & Prevention: The Committee held their third meeting, where a strength, weakness, threats, opportunity (SWOT) analysis was completed. Furthermore, two topics were indicated as priorities. These topics are: 1) a unified statewide curriculum for substance use disorder and mental health; 2) a unified professional learning day for local school districts.

Family & Community Readiness: The Committee held their second meeting and continued to discuss the first year priorities. Although the Committee has fewer first year recommendations, the Committee very much wants to support the work that will arise organically that support both families and communities.

Data & Policy: The Committee was recently briefed on the functions of the PMP program. Members from the Division of Professional Regulations provided a PowerPoint to inform the group on the current engagement efforts and updates of the PMP.

VIII. Public Comment

Members of the public provided comment and brought forth any issues they feel need immediate attention.