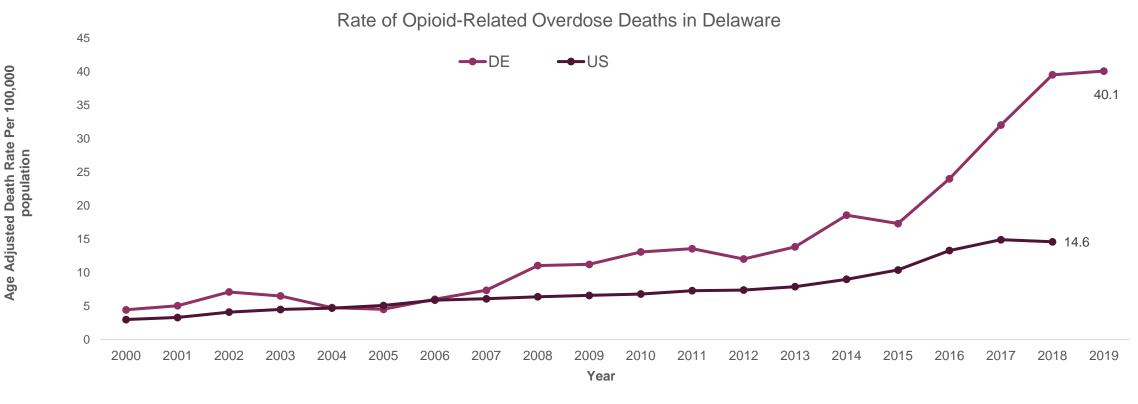
# SUBSTANCE USE DISORDER SURVEILLANCE

APRIL 6, 2021



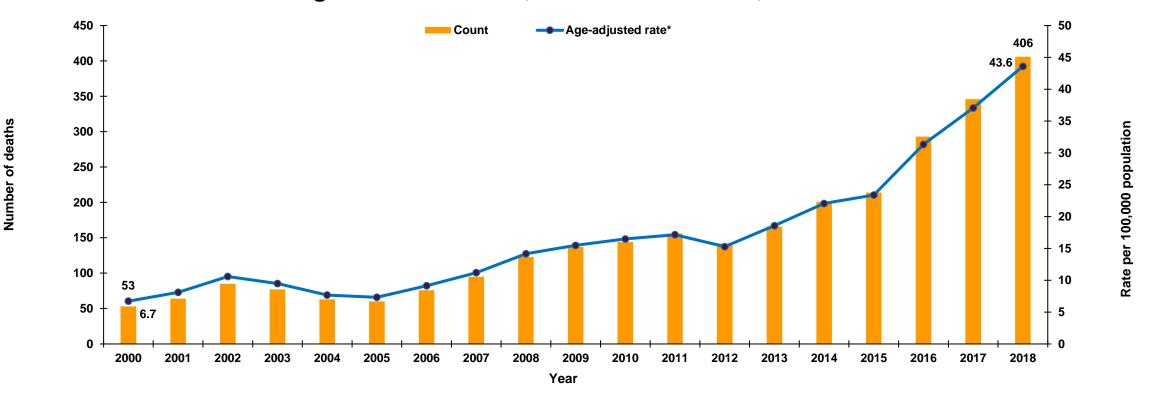
### **REVERSING THE OPIOID CRISIS**



Source: Delaware Health and Social Services, Division of Public Health, Delaware Health Statistics Center

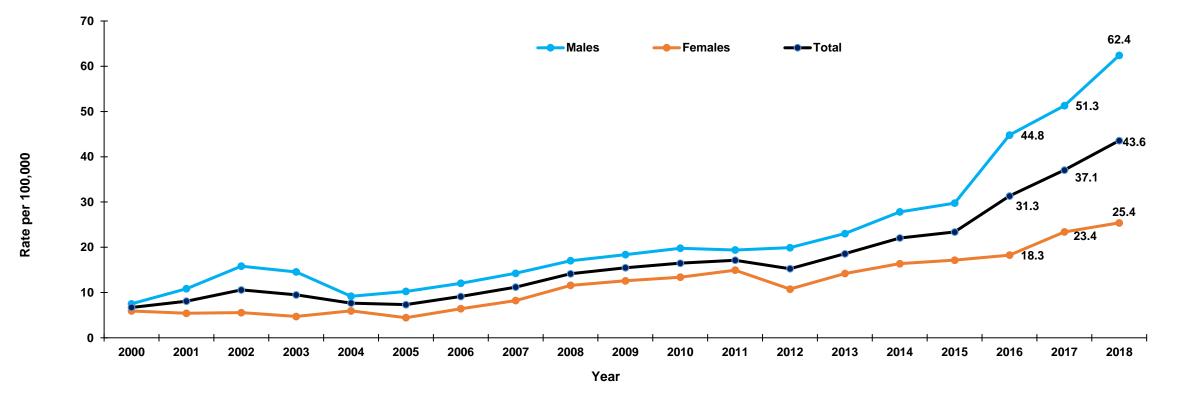
\* Data for 2019 is preliminary and subject to change.

Drug overdose deaths, Delaware residents, 2000-2018



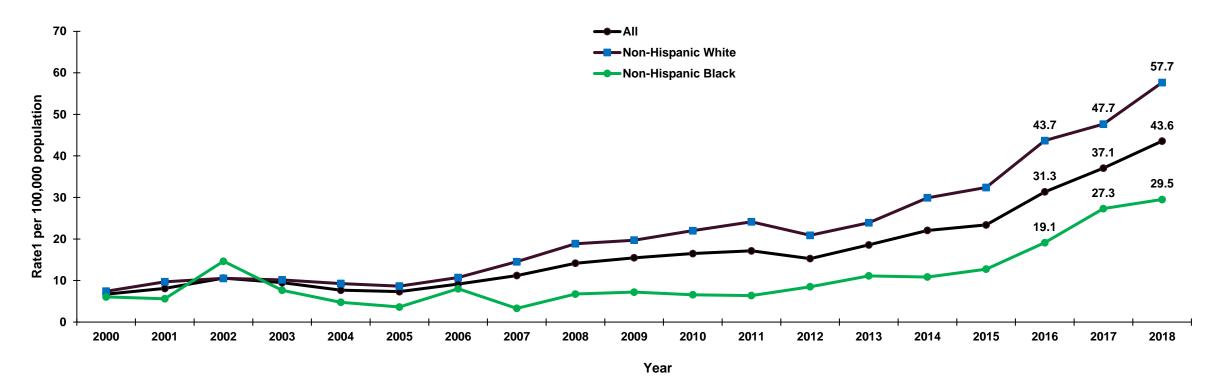
Data Source: Delaware Department of Health and Social Services, Division of Public Health, Health Statistics Center. \*Rates are age-adjusted to the 2000 U.S. Standard Population. Notes: Deaths are classified using the International Classification of Diseases, Ninth and Tenth Revisions (ICD-9 and ICD-10). Drug overdoses are identified using underlying cause-of-death codes X40–X44 (unintentional), X60–X64 (suicide), X85 (homicide), and Y10–Y14 (undetermined).

Age-adjusted drug overdose mortality rates<sup>\*</sup> by sex, Delaware residents, 2000-2018



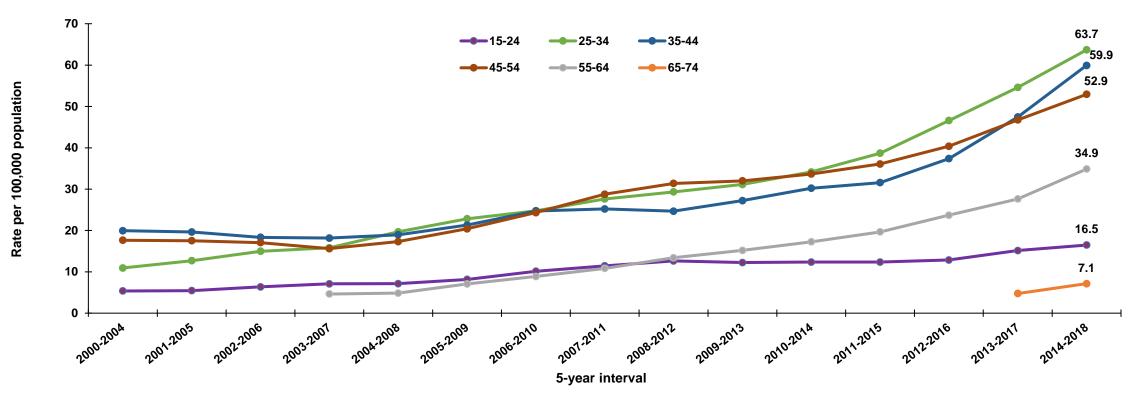
Data Source: Delaware Department of Health and Social Services, Division of Public Health, Health Statistics Center. \*Rates are age-adjusted to the 2000 U.S. Standard Population. Notes: Deaths are classified using the International Classification of Diseases, Ninth and Tenth Revisions (ICD-9 and ICD-10). Drug overdoses are identified using underlying cause-of-death codes X40–X44 (unintentional), X60–X64 (suicide), X85 (homicide), and Y10–Y14 (undetermined).

#### Age-adjusted drug overdose mortality rates\* by race, Delaware residents, 2000-2018



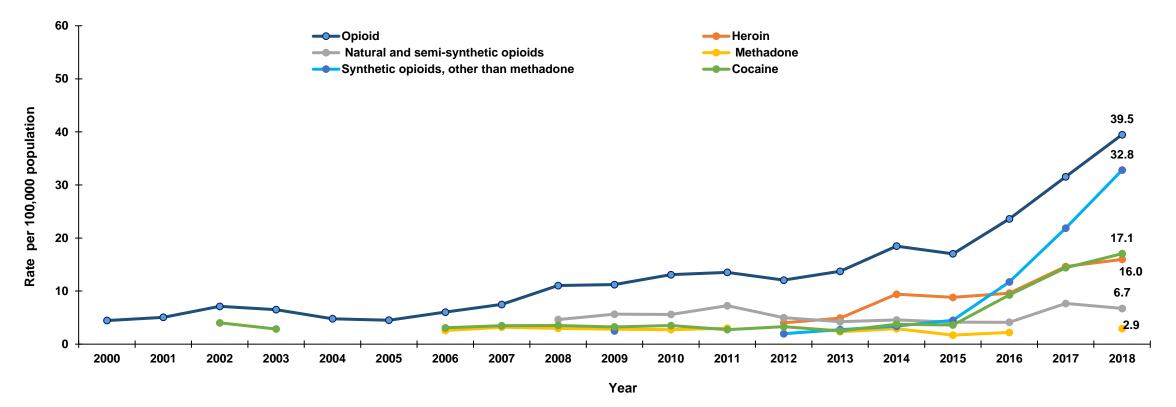
Data Source: Delaware Department of Health and Social Services, Division of Public Health, Health Statistics Center. \*Rates are age-adjusted to the 2000 U.S. Standard Population. Notes: Deaths are classified using the International Classification of Diseases, Ninth and Tenth Revisions (ICD-9 and ICD-10). Drug overdoses are identified using underlying cause-of-death codes X40–X44 (unintentional), X60–X64 (suicide), X85 (homicide), and Y10–Y14 (undetermined).

Five-year age-specific drug overdose mortality rates<sup>\*</sup>, Delaware residents, 2000-2018

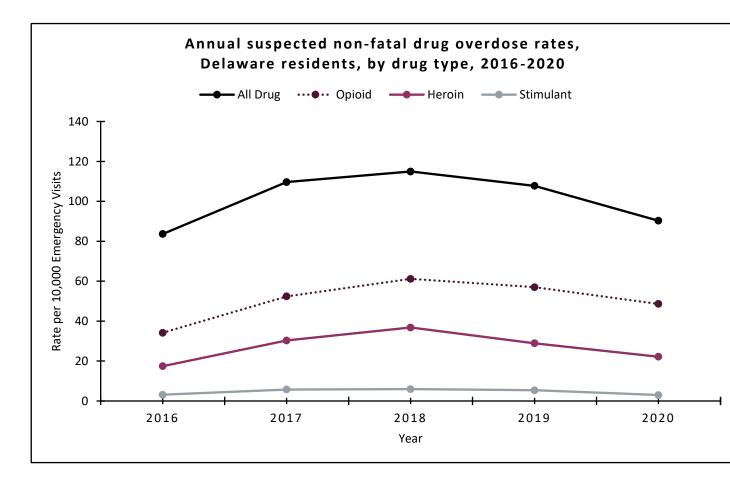


Data Source: Delaware Department of Health and Social Services, Division of Public Health, Health Statistics Center. \* Rates were suppressed for counts of less than 20 in the numerator. Five-year rolling averages were calculated to address the fluctuations in the annual number of deaths resulting from small annual numbers of deaths. Notes: Deaths are classified using the International Classification of Diseases, Ninth and Tenth Revisions (ICD-9 and ICD-10). Drug overdoses are identified using underlying cause-of-death codes X40–X44 (unintentional), X60–X64 (suicide), X85 (homicide), and Y10–Y14 (undetermined).

Age-adjusted drug overdose mortality rates<sup>\*</sup> by drug type, Delaware residents, 2000-2018



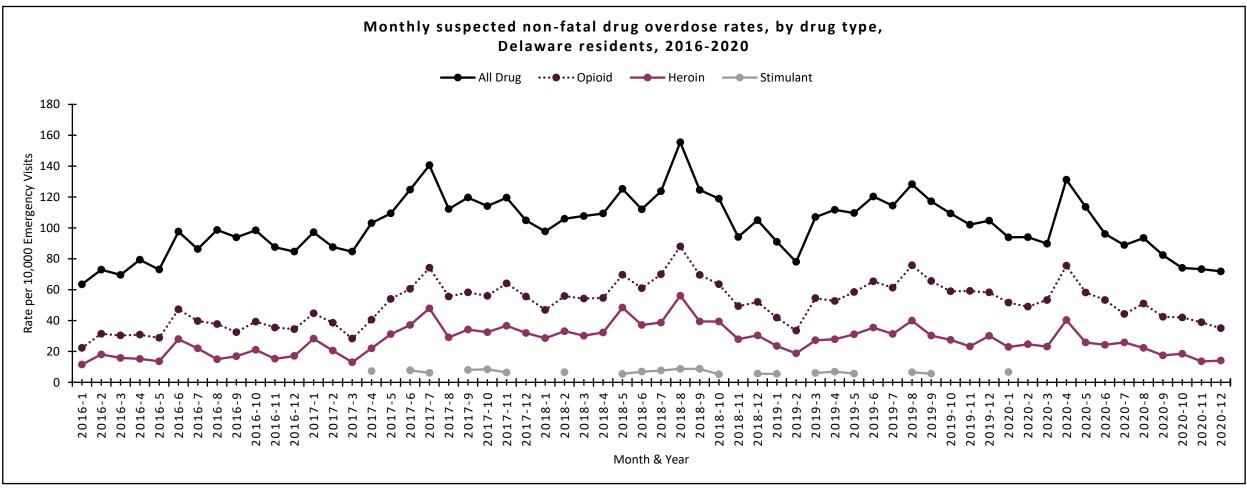
Data Source: Delaware Department of Health and Social Services, Division of Public Health, Health Statistics Center. \*Rates are age-adjusted to the 2000 U.S. Standard Population. Notes: Deaths are classified using the International Classification of Diseases, Ninth and Tenth Revisions (ICD-9 and ICD-10). Drug overdoses are identified using underlying cause-of-death codes X40–X44 (unintentional), X60–X64 (suicide), X85 (homicide), and Y10–Y14 (undetermined).



*Data source:* Delaware Department Health and Social Services, Division of Public, Health Statistics Center and Delaware Electronic Surveillance System for the Early Notification of Community-based Epidemics (DE-ESSENCE). Note: All drug, opioid, heroin, and stimulant categories were defined using syndromic surveillance definitions found in the National Syndromic Surveillance Platform (NSSP) and utilized in the Overdose Data to Action Technical Guidance for the Drug Overdose Surveillance and Epidemiology (DOSE) System, as of February 11, 2021.

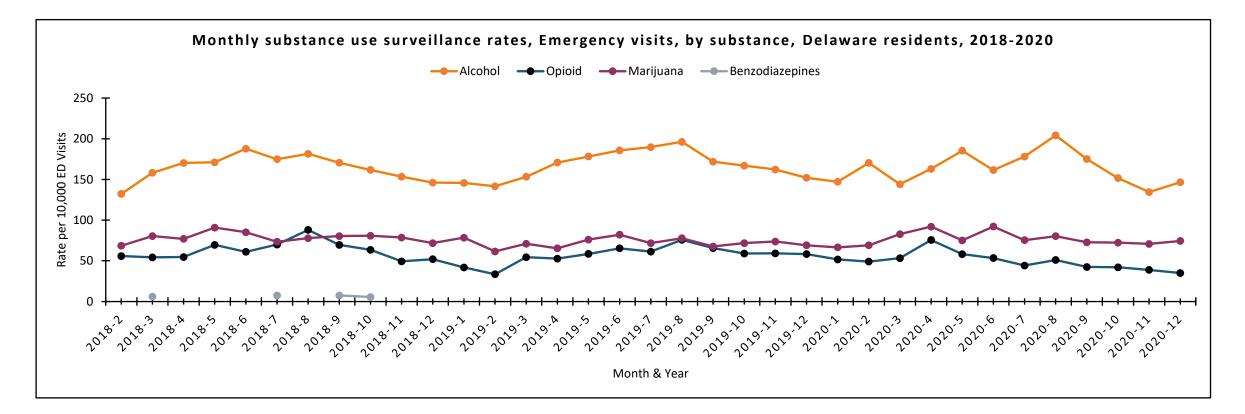
ANNUAL EMERGENCY VISIT RATES

# MONTHLY EMERGENCY VISIT RATES



Data source: Delaware Department Health and Social Services, Division of Public, Health Statistics Center and Delaware Electronic Surveillance System for the Early Notification of Community-based Epidemics (DE-ESSENCE). Notes: All drug, opioid, heroin, and stimulant categories were defined using syndromic surveillance definitions found in the National Syndromic Surveillance Platform (NSSP) and utilized in the Overdose Data to Action Technical Guidance for the Drug Overdose Surveillance and Epidemiology (DOSE) System, as of February 11, 2021. Rates based on counts less than 20 were suppressed.

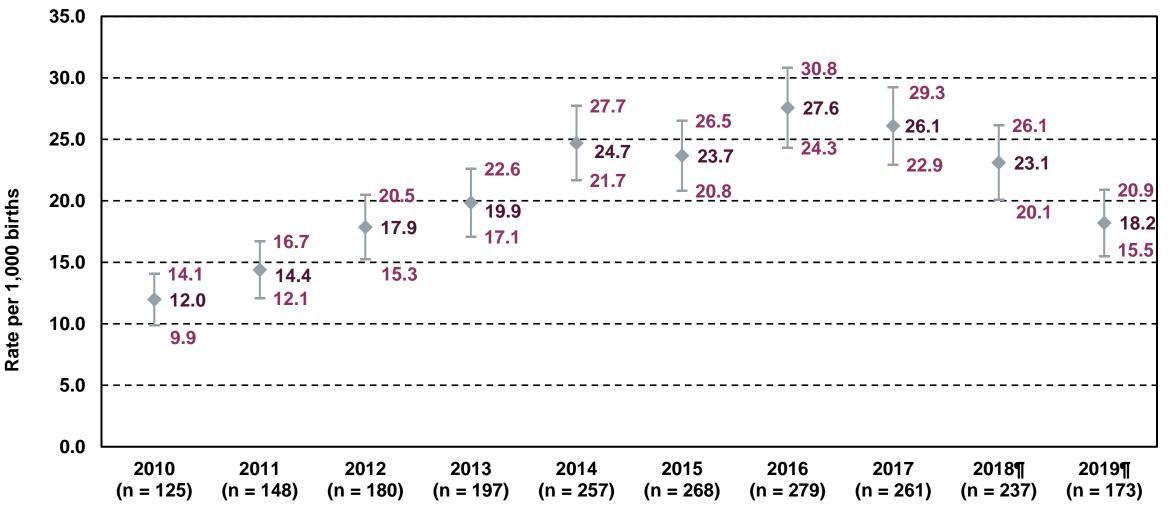
# MONTHLY EMERGENCY VISIT RATES



*Data source:* Delaware Department Health and Social Services, Division of Public, Health Statistics Center and Delaware Electronic Surveillance System for the Early Notification of Community-based Epidemics (DE-ESSENCE). Notes: Opioid category was defined using syndromic surveillance definitions found in the National Syndromic Surveillance Platform (NSSP) and utilized in the Overdose Data to Action Technical Guidance for the Drug Overdose Surveillance and Epidemiology (DOSE) System, as of February 11, 2021. NSSP benzodiazepine overdose based on NSSP definition available on February 5, 2021; marijuana December 3, 2019; alcohol November 8, 2019. Rates based on counts less than 20 were suppressed.

#### Neonatal Abstinence Syndrome Rates for 2010-2019 with 95% Confidence Intervals



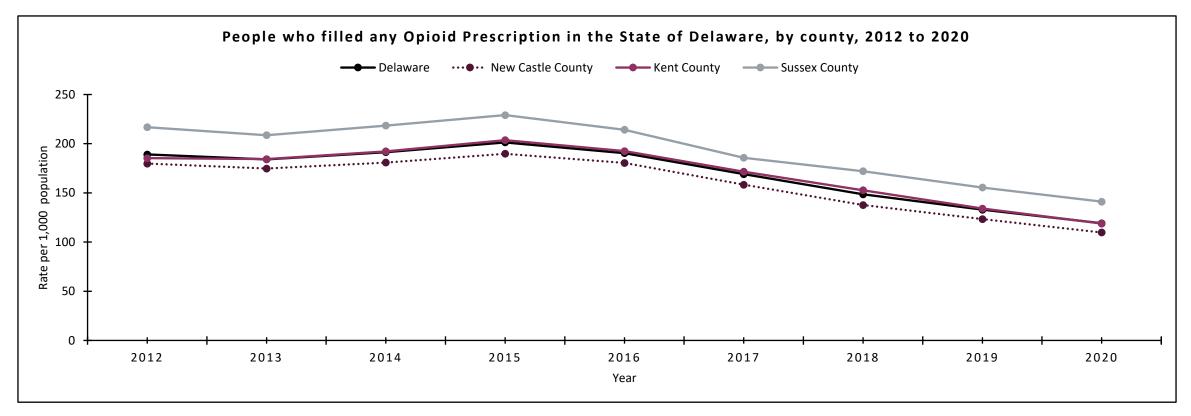


Source: Delaware Health and Social Services, Division of Public Health, Delaware Health Statistics Center, Hospital Discharge and Vital Records Data, 2010-2019. \*Rates are presented with 95% confidence intervals; UCL = upper confidence limit; LCL = lower confidence limit

2015 data contains ICD-9-CM and ICD-10-CM changes. Excludes iatrogenic cases.

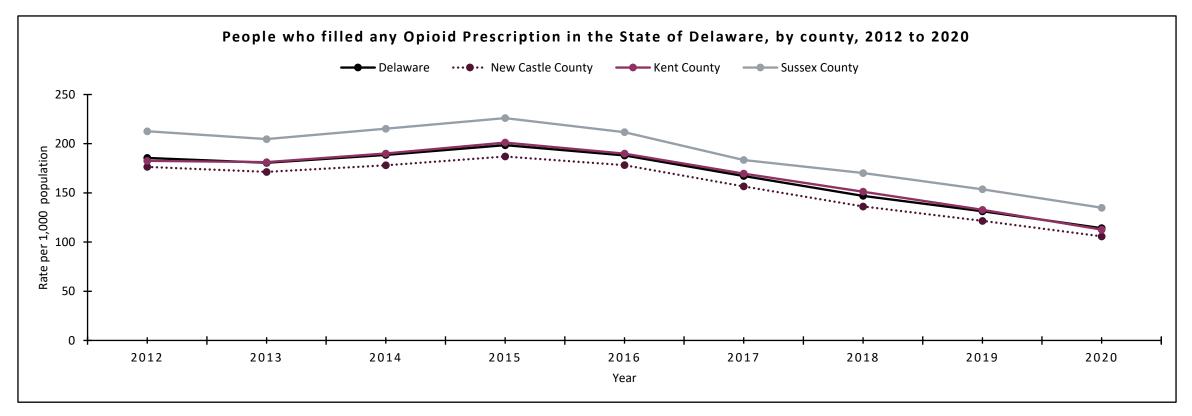
<sup>¶</sup>2018 data are updated to reflect updated HDD records. 2019 NAS rate may be a <u>slight underestimate</u> as 2019 data contains less overall newborn records for Delaware Residents. 2019 NAS rates are preliminary.

## **OPIOID PRESCRIPTION MONITORING**



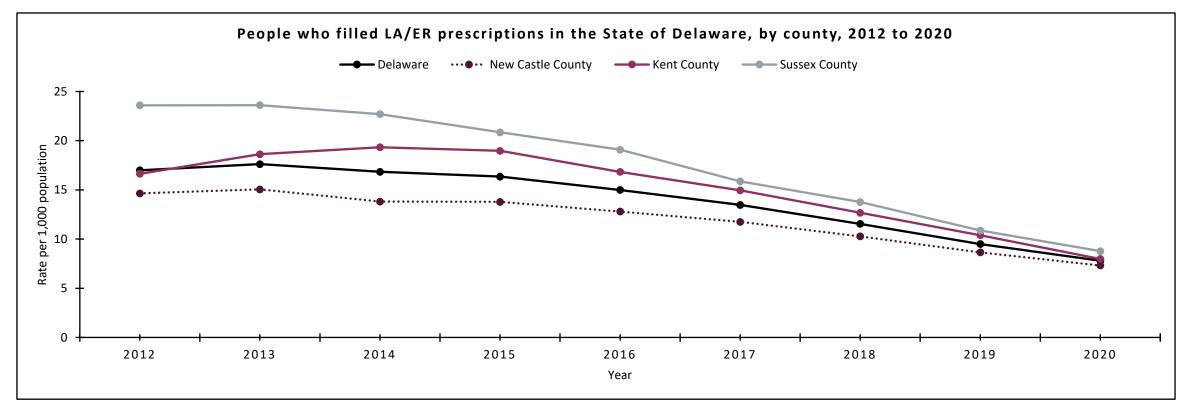
Data source: Delaware Department of State, Division of Professional Regulation, Prescription Monitoring Program. Includes any prescription class II-V controlled substance in the State of Delaware.

### IMMEDIATE RELEASE OPIOIDS



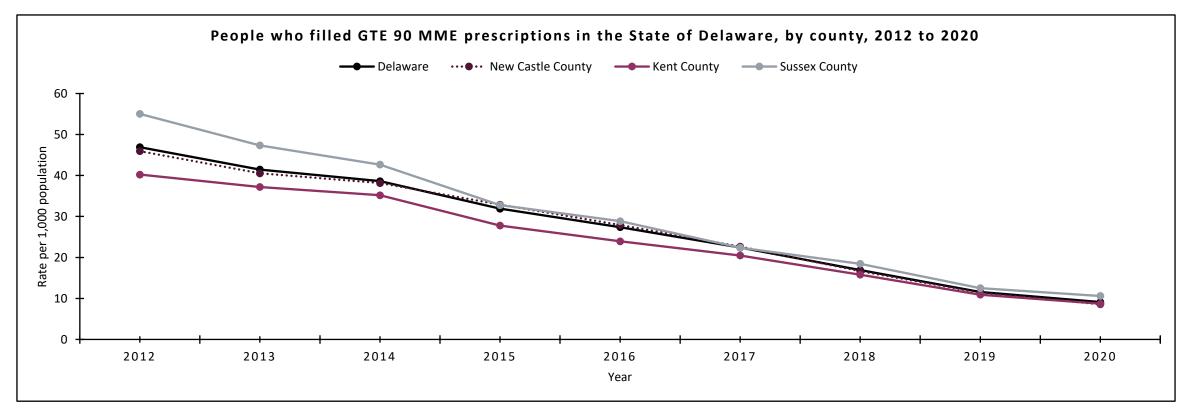
Data source: Delaware Department of State, Division of Professional Regulation, Prescription Monitoring Program. Includes any prescription class II-V controlled substance in the State of Delaware.

## LONG-ACTING AND EXTENDED-RELEASE OPIOIDS



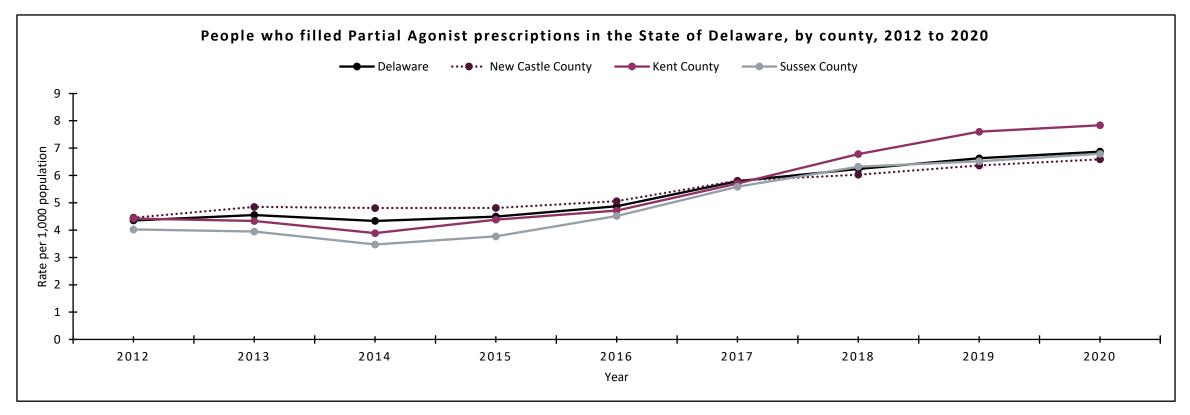
Data source: Delaware Department of State, Division of Professional Regulation, Prescription Monitoring Program. Includes any prescription class II-V controlled substance in the State of Delaware.

### HIGH DOSE OPIOIDS



Data source: Delaware Department of State, Division of Professional Regulation, Prescription Monitoring Program. Includes any prescription class II-V controlled substance in the State of Delaware.

### SUD TREATMENT OPIOIDS



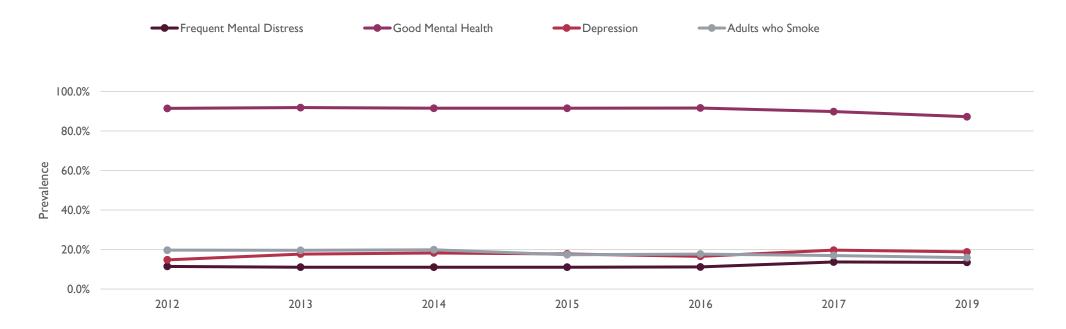
Data source: Delaware Department of State, Division of Professional Regulation, Prescription Monitoring Program. Includes any prescription class II-V controlled substance in the State of Delaware.

# BEHAVIORAL RISK FACTOR SURVEY (BRFS) & YOUTH RISK BEHAVIOR SURVEY (YRBS)

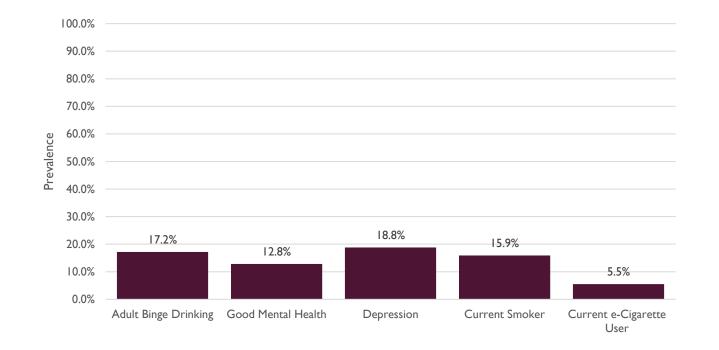
#### Updates will be available on My Healthy Community

- <u>https://myhealthycommunity.dhss.delaware.gov/</u>
- Demographic cross-tabs
- Confidence intervals
- More trends over time

# MENTAL HEALTH AND SUBSTANCE USE INDICATORS AMONG DELAWARE ADULTS, 2012-2019

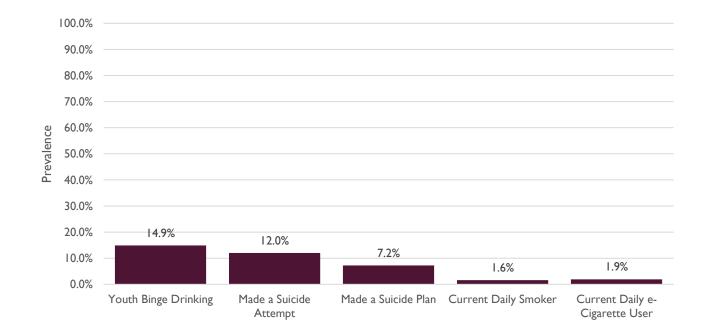


Source: Delaware Health and Social Services, Division of Public Health, Behavioral Risk Factor Survey (BRFS), 2011-2019.



Source: Delaware Health and Social Services, Division of Public Health, Behavioral Risk Factor Survey (BRFS), 2019.

SELECTED INDICATORS FOR DELAWARE ADULTS, 2019



Source: Delaware Health and Social Services, Division of Public Health, Youth Risk Behavior Survey (YRBS), 2017.

SELECTED INDICTORS FOR DELAWARE HIGH SCHOOL STUDENTS, 2017

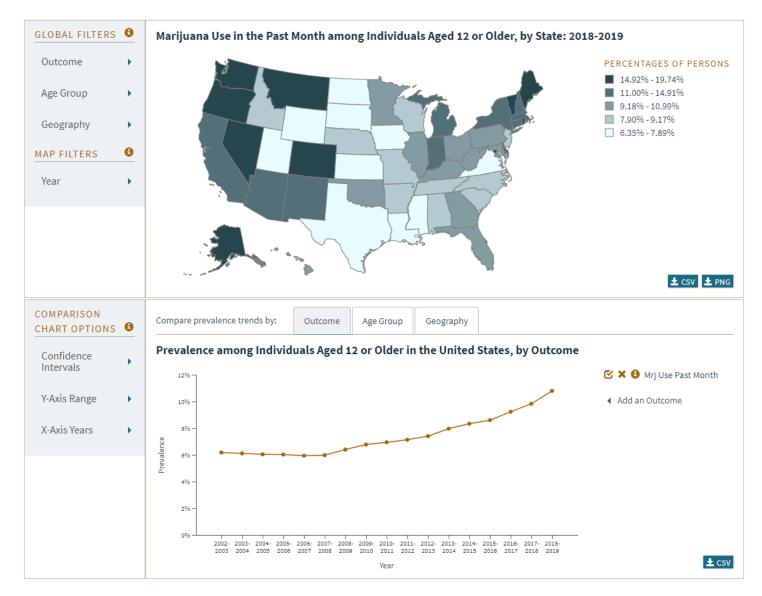
# NATIONAL SURVEY ON DRUG USER HEALTH (NSDUH)

- State and substate prevalence of tobacco, alcohol, drug use, mental health indicators
- Conducted by RTI International
- <u>https://pdas.samhsa.gov/saes/substate</u>



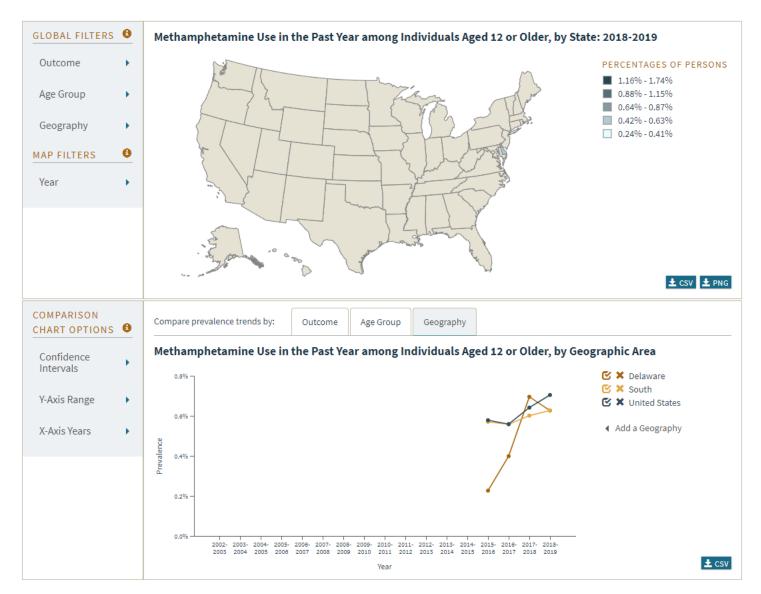
#### Interactive NSDUH State Estimates

Switch to substate estimates





Switch to substate estimates





#### Interactive NSDUH Substate Estimates

Switch to state estimates



# CONTACT INFORMATION



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