

#### Behavioral Health Consortium Meeting Notes

Date and 9/16/2019 Location: Delaware Room, Public Archives

Time: 1-3:00pm

Topic: Welcome and Introductions

Review of previous meeting notes: Meeting minutes approved by Dr. Thomas and Dr. Walker.

Discussion/Comments

## Topic: (1) Story of Recovery

Presentation: Presented by Marc Briggs.

Discussion: Discussed the importance of peer work and creating a structured system when helping those with recovery. He discussed his history of incarceration and how he changed his lifestyle after having a child. He did peer work with Project Engage and mentioned he was one of the first pioneers of the program. He would like to be invited to future events to speak about peer-work.

### Topic: (2) Behavioral Health Consortium (BHC) Meeting Update

Presentation: Discussed upcoming quarterly Consortium meeting which will be on October 30<sup>th</sup> at Buena Vista. Plan is to have subcommittees have their group meetings the same day.

#### Topic: (3) HMA/DPH Initiatives

Presentation: Presented by Liddy Garcia-Brunel

Discussion: Liddy discussed two initiatives: Community Response teams and Community Gap Analysis. The goal for the community response teams is to build community capacity and respond to overdoses by taking action such as administering Naloxone. Liddy discussed there are two areas in each county where there is a high utilization rate of EMS for overdoses. Cross-sector teams have been established but not deployed yet. The teams are completing virtual trainings and will walk through a full exercise in each country.

The goal for the Community Gap Analysis is to evaluate wrap around supports for those in recovery. Liddy discussed the Well-Being Questionnaire and the concept of the virtual village.

### Topic: (4) NAMI Presentation

Presentation: Presented by Annie Slease

Discussion: Annie discussed the history of NAMI. NAMI offers housing programs for those in recovery, and a Helpline to help those in need find resources. NAMI offers support groups such as Family-to-Family and Signature Education Groups.

#### Topic: (5) Committee Updates

Presentation: Utilized the Committee Update Sheet



# Topic: (6) Legislative Update

Presentation: Presented by the Lieutenant Governor.

Discussion: The Lieutenant Governor discussed the work of the Bridge Clinic. Quarterly meeting: plan on how to roll out policy procedures

# Topic: (6) Public Comment

Presentation:

Discussion:

Robert Ray thanked the Consortium for all the work that is being done to help to those with mental illness and substance abuse disorders. He shared his story of addiction and recovery.

Harris Max shared his concerned of the behavioral health needs of elderly people not being met in nursing homes.

# **Next Meeting: October 30th**