

## Behavioral Health Consortium Meeting Notes

Date and Time: 8/5/2019 1:00-3:00pm Location: Buena Vista

### Topic: Welcome and Introductions

Review of previous meeting notes: meeting minutes approved

### Topic: (1) Overdose Fatality Commission Report

Presentation: Dr. Rebecca Walker offered a detailed overview of the Commission and its responsibilities

Major findings of the Commission

1. 79% overdoses occurred in residential areas whereas 93% of those ODs had no access to naloxone
2. 50% ODs have had an OD before and 17% of which have had a history of ODing
3. 30% have had a history at the DOC with 50% having a fatal OD after release
4. 52% decedents had been treated in the ED within 3 months of the fatal overdose
5. 12.5% fatal OD who were apart of MAT programs
6. Within three months of fatal OD, 27% of ODs have been involved with law enforcement agencies

Based of Findings The Commission provided the following recommendations:

1. Naloxone should be readily available and easily accessible to the community through increase general distribution from multiple agencies and locations; continue harm reduction PSA
2. Support Emergency Department Initiatives to identify and promote treatment options. Naloxone Provided by Medical or Law Enforcement Personnel When There is an Overdose
3. Naltrexone access and MAT treatment in DOC should be promoted and offered to every eligible inmate and all post released prisoners. Also connection to counseling services after release
4. Promote training for medical staff on addiction services, Promote naloxone availability access in the communities, expansion of long-term residential treatment and sober living access
5. MAT treatment should be coupled with naloxone and behavioral health and addiction counseling
6. Continued support and expansion of Law Enforcement Assisted Diversion (LEAD) programs,

### Topic: (2) Reshaping DE Behavioral Health Treatment System

Presentation: Elizabeth Romero from DSAMH discussed the behavioral health trends in Delaware among the general public and youth. She discussed DSAMH initiatives such as the START Initiatives, which focused on supporting and encouraging SUD treatment at multi-entry points, Delaware Treatment and Referral Network (DTRN) connecting people to mental health services, and partnership with Shatterproof to track quality of services in efforts to improve systems across the state. Patient portal for open beds is intended to launch in October. The Division has partnered with DOC to have a van outside of Howard R. Young to provide harm reduction therapies, wrap around services and other essential resources for individuals released. The Division will be introducing well-being measures to understand clients and the impact that their services have on their perception of life.

### Topic: () Year 2 Funding Priorities

Lieutenant Governor discussed the funding priorities for Year 2 and how funds are allocated to agencies who assist with achieving the Year 2 tasks.

## Topic: () Committee Updates

### **Changing Perceptions**

David Humes announced the Committee has undergone a name change from Changing Perceptions and Stigma to Changing Perceptions. Also the Committee provided suggestions to DPH's upcoming public awareness campaign. The Committee has completed all Year 1 Tasks and continues to cultivate relationships with businesses, specifically fostering careers not jobs for those in recovery.

### **Education and Prevention**

Becky King announced that the committee was reviewing their tasks and that DOE would be having a Statewide In-Service day is October 11<sup>th</sup>. Also that DSAMH and NAMI youth mental health first aid instructor training this week.

### **Corrections and Law Enforcement**

Tamera Fair communicated that the Committee has completed all Year 1 deliverables and is currently drafting recommendations based on gaps and needs. First CIT training fared well with 19 officers trained

### **Access and Treatment**

Dr. Sandy Gibney stated that her co-chair, Susan Cycyk had stepped down. The committee is working on prioritizing their tasks. The committee is also working to improve naloxone distribution and work with DPH and DMRC to provide Naloxone training and education.

### **Data and Policy**

Carol Petrak discussed the reorganization of the Committee and has identified key members to attend other committee and meets quarterly to aggregate information. The Committee continues to work on the data resource guide.

### **Community and Family Readiness**

Cheryl Doucette spoke about that the committee was working to organize their goals from Year 1 and 2. They were plan to have a representative from Dementia Delaware at the next meeting and are working to compile a loose list of free activities and resources per each county.

## Topic: () Legislative Updates

- House Bill 172 → PSYPACT legislation; Licensed phycologists can provide telehealth across state boundaries
  - Can work as long as Pennsylvania and Maryland agree: national commission
- House Bill 220 → Private insurance covers MAT for drug and alcohol dependencies.

- Senate Bill 161 → helps connect law enforcement to DSAMH
- House Joint Resolution 6: directing the BHC to issue recommendations which would increase access MAT prescribers among all providers.

Topic: () Public Comment

Harris Marx spoke about the need to address the homeless issue and its connection to SUD/BH

Larence Kirby announced the annual Veteran/Military Member Mental Health will be focused on sexual on September 10<sup>th</sup>

Erin Goldner spoke about the First Responder's Day on September 14<sup>th</sup> from 1-4pm in Newport, DE.  
Looking for vendors to sign up to participate

**Next Meeting: September 16<sup>th</sup> from 1-3pm**

Approved