Childhood Mental Health and Integrated Primary Care

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Why talk about pediatrics?
Nemours Behavioral Health Services

- Child And Community Psychology
  - Early Childhood Evaluation, Consultation, and Treatment
  - Trauma Informed Care
  - Psychological Testing
  - Outpatient programs for concerns regarding depression, anxiety, behavior, ADHD and more

- Swank Autism Center
  - Multidisciplinary, integrated approach to evaluation and consultation
  - Psychological Testing
  - Therapy and Intervention: Parent Training, Adaptive skills, Feeding, Teen program, Social Skills
  - Medical Management

- Integrated Primary Care Psychology
  - Brief outpatient treatment
  - Screening
  - Consultative/Warm Hand Off services

- Pediatric Psychology Specialty Care
  - Medical adherence and coping
  - Integrated clinics within multiple medical specialties
  - Integrated pain program
  - Psychological, neurodevelopmental and learning disorder evaluations
  - NICU and Cardiac neurodevelopmental follow-up
  - Inpatient Consultation/Liaison - consultation for medically complex children

- Neuropsychology
  - Neuropsychological sequelae of illness and injury
  - Concussion/Traumatic Brain Injury
Nemours Kids Cope Website

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Why Integrated Primary Care?
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80 percent of patients with behavioral health concerns present in ED or primary care clinics.

Prevention and early treatment can decrease the severity of mental health issues, substance use/abuse issues, and bolster positive outcomes across the lifespan.
Nemours Integrated Primary Care: Psychology’s Role

- **Brief intervention**
  - Billable outpatient therapy
  - Behavior management of medical disorders (encopresis, sleep)

- **Screening**
  - ADHD, learning issues

- **Consultations**
  - Warm Hand Offs
  - Early childhood

- **Comanaged Well Visits**
  - Variable billing available
  - Developmental concerns
  - Attachment and baby behavior
  - Parenting concerns
  - Behavioral issues
  - Vaccine coping tools
Project LAUNCH to Healthy Steps: Well Visit Integration

**Project LAUNCH**
- SAMHSA funded; Nemours contracted
- Opportunity to pilot psychology/physician comanaged well visits
- Co-teaching of medical and psychology residents
- Kids 0-8
- Expertise & time

**Healthy Steps**
- Training from ZTT
- Pilot one clinic
- Stratify families into risk categories
- Families in tier 3 have comanaged well visits
  - 13 well visits 0-3
- Extensive outcomes research exists nationally.
Questions?