

BHC Quarterly Meeting

DELAWARE TECHNICAL COMMUNITY
COLLEGE-STANTON CAMPUS

July 18th, 2023

10:00am

[HTTPS://US02WEB.ZOOM.US/J/837788650
75?PWD=UJRZNGNONGHIY1PNN3JZNNPBR
LAWDZ09](https://us02web.zoom.us/j/83778865075?pwd=UJRZNGNONGHIY1PNN3JZNNPBR
LAWDZ09)



Welcome

Lt. Governor
Hall-Long

- Announcements
- Approval of Minutes

Prescription
Opioid
Settlement
Distribution
Commission
Update

- Susan Holloway
- Director, Prescription Opioid Settlement Distribution Commission

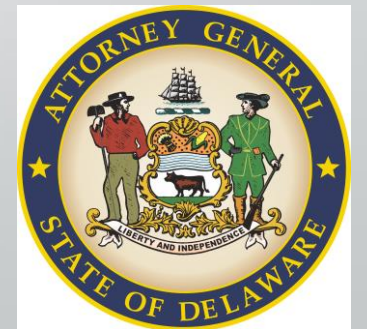


Prescription Opioid Distribution Commission



STATE OF DELAWARE

OFFICE OF THE LIEUTENANT
GOVERNOR



July 10, 2023



STATE OF DELAWARE

OFFICE OF THE LIEUTENANT GOVERNOR



Application(s) Summary

Categories	Numbers
Total Applied	136
Valid Applications	98
Total Request	\$74,303,007
Total Awarded	Approximately \$10,000,000 (\$9,980,096)



STATE OF DELAWARE

OFFICE OF THE LIEUTENANT GOVERNOR



Geographic Distribution

Location	Number of Recommended Initiatives
Statewide	16
New Castle County	15
Kent County	3
Sussex County	4

Dual Xylazine and Fentanyl Test Strip Pilot Program

- Lt. Governor Bethany Hall-Long

Behavioral Health Consortium Listening Sessions: Emerging Themes

Laura Rapp & MJ Scales



Why do Listening Sessions?



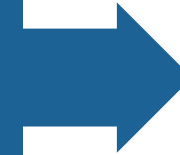
The Need

- Original Listening Sessions took place in 2018. BHC wanted to ensure that the impact of the pandemic was understood and incorporated.
- To ensure that the community voice is incorporated into the Behavioral Health Consortium initiatives.



The Action

- Listening Sessions provide a pulse check on the needs, concerns, and potential solutions regarding substance use and mental health in Delaware.



The Result

- BHC will infuse these findings into their work by adjusting some activities and, potentially, shifting some efforts for better alignment with the listening sessions findings.

Process

- 19 Listening Sessions took place between January and June 2023.
- Hybrid sessions with both in person and Zoom option.
- One hour in length.
- Sessions were promoted with a focus on the experiences of different communities, but everyone was welcome. For the most part, each below community had three listening sessions, one in each county.
 1. People who are Unsheltered
 2. Justice Involved Persons
 3. LGBTQ+ Community
 - Only 2 listening sessions took place.
 4. Haitian Creole Community and Hispanic/Latino Community*
 - The Haitian Creole Community and Hispanic/Latino Community Listening Sessions had a slightly different format and frequency than other sessions.
 5. Black and Brown Community
 6. Women



A big thank you to all
the attendees!

And to the facilitators!

Liz Farrell

Wesley Ingram

Dr. Teri Lawler

Love & Hope Rescue Mission

Dr. Debra Mason

Jennifer Seo

Alpha Kappa Alpha Sorority, Omega Chapter

The Big Takeaways:

1. Overall, the most often cited issues are things we have heard before.
 - This tells us that these issues are pervasive and, even with progress made in Delaware's clinical and direct service space, more work is needed to address these challenges.
2. The topics discussed align with the BHC Committee areas.
 - This tells us that the committee areas are still relevant to the needs of Delawareans.
3. Participants identified many supports and solutions that currently exist in Delaware, from their personal and professional experience.
 - This tells us that those solutions can be explored by BHC for ways to expand or sustain them.

Emerging Themes

1. Accessing Services



Challenges

- Unaware of resources.
- Unsure how to access resources.
- Lack of availability of services and long wait times.
- Lack of treatment facilities (general treatment and for people with unique/complex needs, location of treatment services).



Opportunities

- Intensify outreach and resource promotion efforts (at community events, online, outreach and materials developed for specific communities).
- Increase workforce that provides navigation and coordination related support: Navigators, Ambassadors, Community Health Workers. etc.
- Co-locate services.

2. Once in Treatment



Challenges

- Hard to navigate the system.
- Perceived lack of quality services.
- Engaging with Providers:
 - Lack of culturally responsive services.
 - Lack of compassion.
 - Distrust in clinicians.
 - Lack of a diversified workforce.
- Lack of coordination across systems.
- Lack of follow up care.



Opportunities

- Increase workforce that provides navigation and coordination related support.
- Increase Peer workforce.
- Patient centered care.
- Increase pathways for people to enter the behavioral health field for a more diversified workforce.
- Workforce training and required CEUs in areas like culturally responsive, compassion.
- Include voices from community when developing policies.
- Strengthen interagency communication and warm hand-offs.

3. External Barriers



Challenges

- Discrimination.
- Stigma.
- Housing.
- Transportation.
- Access to support and wrap around services that address non-behavioral health needs.



Opportunities

- Training for community members on how to identify and respond to MH challenges and on topics like stigma.
- Programs for youth on life skills.
- More events that bring community together.
- Promotion of and easier access to services like affordable housing, vocational training, GED/school support, parenting skills, legal services, financial literacy.

4. Trauma



Challenges

Trauma discussed many ways:

- Trauma as a diagnosis (PTSD).
- Being traumatized by treatment experience.
- Trauma that occurs while in treatment (i.e., children removed from home).
- Family trauma and inter-generational trauma.
- Community trauma.



Opportunities

- Integrate trauma-informed care treatment.
- Workforce development on compassion and cultural competency.
- More support for families.
- Educational programs on trauma.

Next Steps

- Additional analysis of the Listening Sessions data.
- Crosswalk the information from the Listening Sessions to the committee areas of focus and to the specific activities.
- Provide this information to BHC and the aligned committee to discuss and plan how this will inform the committee's actions moving forward.

Questions?
Thoughts?

- Contact: Laura Rapp
- laura@dataloveconsulting.com



Behavioral Health Consortium



Addiction Action Committee



Overdose System of Care



Update for Behavioral Health Consortium

DELAWARE OVERDOSE SYSTEM OF CARE

OSOC ANNOUNCEMENTS

- **Extended Pharmacy Hours**
 - OSOC will soon be sharing a list of extended pharmacy hours on HelpsHereDE.com
 - Important for people seeking Medication for Opiate Use Disorders (MOUD) to know where they can fill prescriptions after hours
- **Substance Use Treatment CEU's for Treatment Providers**
 - Following the DEA's recent elimination of the requirement of the x-waiver for prescribing buprenorphine, new education requirements were put in place
 - DSAMH and DPH are partnering to offer specialized CEU's to assist professionals in meeting that CEU threshold





DELAWARE HEALTH AND SOCIAL SERVICES

Division of Public Health

Emergency Medical Services and Preparedness Section

Delaware Paramedic Buprenorphine for OUD

Project Lead: Robert A. Rosenbaum, MD FACEP
FAEMS

Delaware State EMS Medical Director



Data: First 6 weeks through 6/5/23

- How it works
- Funding: DSAMH temporarily funding the medication
- 243 patients given Narcan
- 92 patients eligible for Suboxone
- 45 offered Suboxone
- 11 accepted Suboxone
- Is every discussion success?
- Mean 5.3 serious attempts before recovery
 - Kelly JF, et al: *How Many Recovery Attempts Does it Take to Successfully Resolve an Alcohol or Drug Problem?*
 - **PMID:** 31090945 **NIHMSID:** NIHMS1025344



Early evaluations

- Proof of Concept
 - Successfully done in Camden
 - Delaware has replicated in 3 Counties
- Willing partnership
 - Receiving facilities are supportive
 - Modifying intake forms to assist in identifying patients referred by EMS
- Some missed opportunities for referrals



Early Evaluations

- EMS administering Suboxone about 2x/week
- Eligibility rate about 38%
 - 92/243
- EMS engagement good: offering 49%
 - 45/92
 - Goal is 80%
- Accepted Bupe:
 - 24.4% offered (11/45); Total eligible 12% (11/92)





Contact

Robert A. Rosenbaum, MD FACEP, FAEMS

- Robert.Rosenbaum@delaware.gov
- Office 302-223-1350





Naloxone Distribution

Info Supplied By:

OSOC Naloxone Subcommittee

Brent Waninger, Director of Executive Programs and Grant Administration, DSAMH

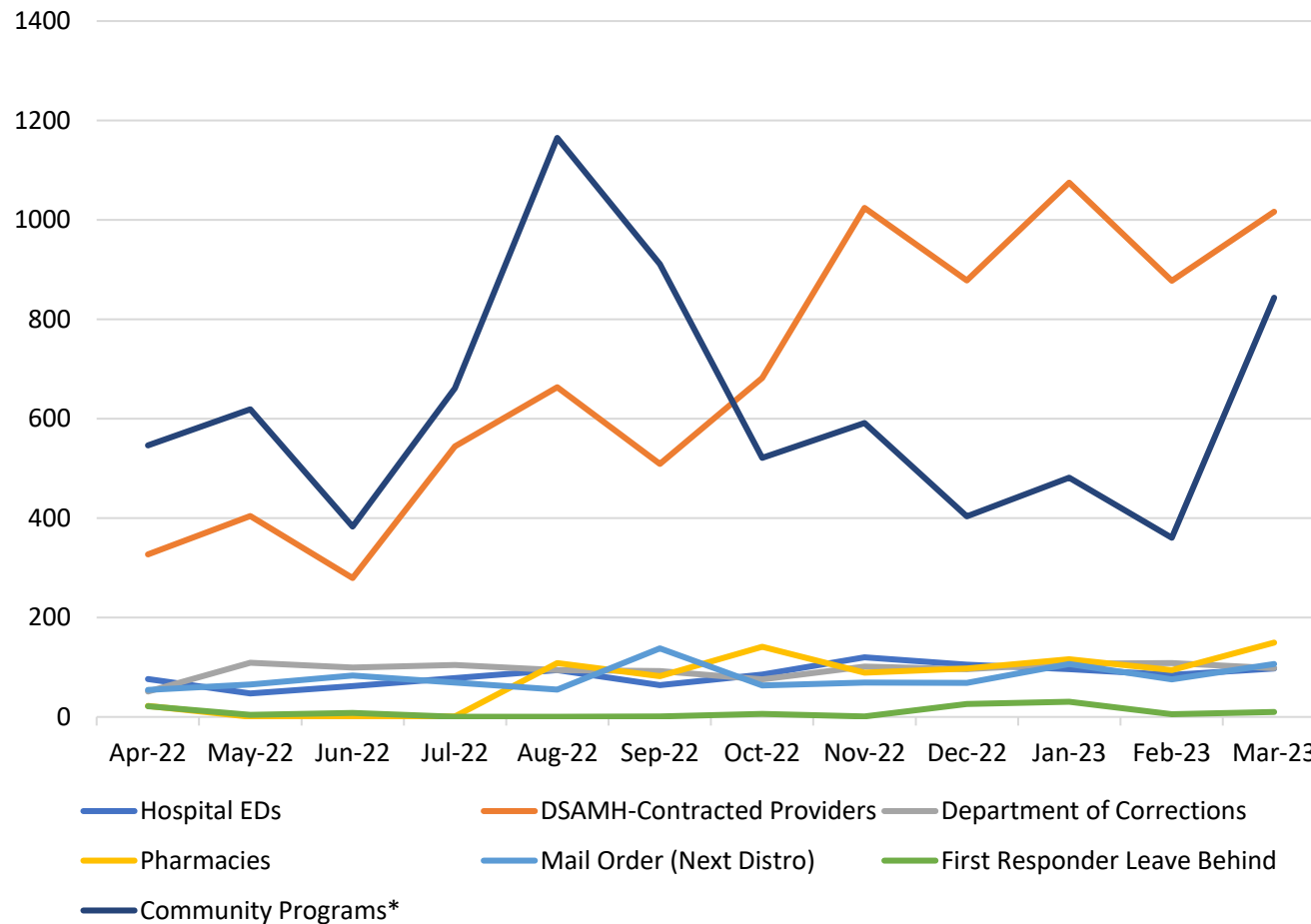
Candice Brady, Naloxone Program Coordinator, Office of Health Crisis Response, DPH

Naloxone Subcommittee Highlight: Q1 2023 Naloxone Saturation

County	Suspected Fatal ODs	Saturation Goal (Suspected fatal ODs X 30)	Naloxone Kits Distributed	Q1 2023 Saturation Goal Met?
New Castle	72	2,160	2,849	Yes
Kent	21	630	1,247	Yes
Sussex	30	900	1,178	Yes
Statewide	123	3,690	5,274	Yes

Source: DSAMH suspected fatal overdoses by county, DSAMH and DPH naloxone dispensing data

Naloxone Distribution by Entity During the 12-Month Period Ending Q1 2023

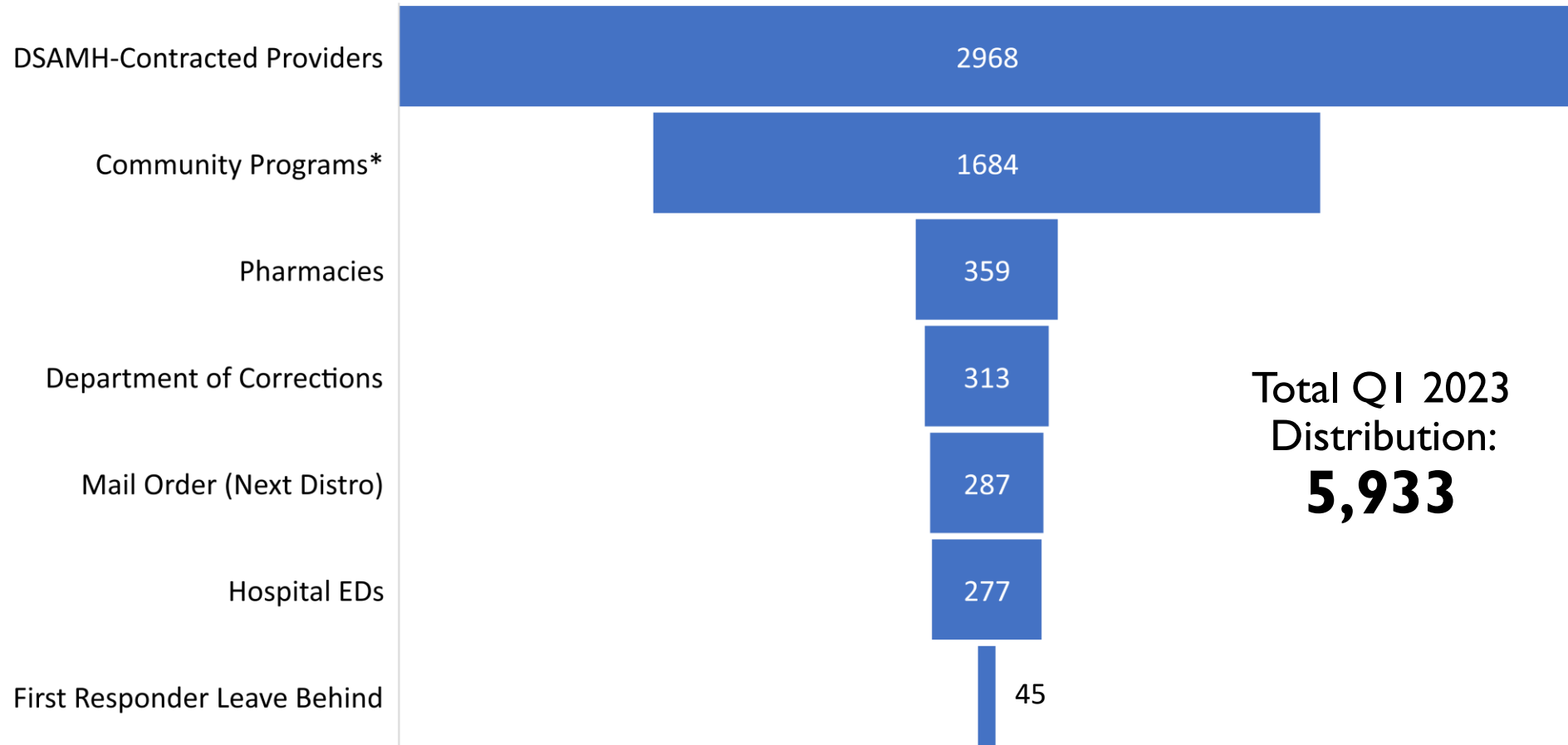


Total 12-Month
Distribution:

19,866

In Q1 2023, largest share of naloxone was distributed by DSAMH-contracted behavioral health providers

Total Naloxone Kits Distributed in Q1 2023 By Entity



OSOC NEXT MEETING

Next meeting is scheduled for
September 21, 2023
9 – 11 AM

Contact Paul Westlake to be
added to meeting invites
Paul.Westlake@delaware.gov



ADDICTION ACTION COMMITTEE

Update for Behavioral Health Consortium

- Official Relaunch Meeting first week in October (date TBA)
- Leadership and membership is outlined in HB 220 (2017)
- Co-Chaired by DSAMH and DPH
- Past and current focus: Many months of work to refresh proposed list of appointments and designees
- Upcoming focus: Build attendee and participant list and create strategic workplan
- Subcommittees will likely include:
 - Access to Treatment Subcommittee
 - Specialty Populations Subcommittee
 - Harm Reduction Subcommittee
 - Youth Substance Use Prevention and Treatment
 - Safe Prescribing & Non Opioid Pain Management



Committee Updates



Access and Treatment

- Dr. Sandy Gibney
- Erin Booker

Changing Perceptions and Stigma

- Valerie Earnshaw
- Dr. Josh Thomas

Corrections and Law Enforcement

- Dr. Debra Mason
- Chuck Sawchenko

Data and Policy

- Dr. Meghan Walls
- Carolyn Petrak

Education and Prevention

- Rebecca King
- Dionne Cornish

Family and Community Readiness

- Wade Jones

Public Comments



Summary and Next Steps

NEXT MEETING: OCTOBER 17TH 2023



Adjourn

