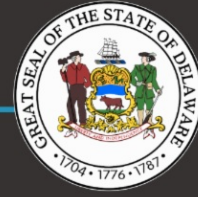




Office of  
**Lieutenant Governor  
Bethany Hall-Long**

Working for a stronger,  
healthier Delaware for all of us.



August 17, 2023 | [ltgov.delaware.gov](http://ltgov.delaware.gov)



*Delaware Governor's Challenge co-chairs Lt. Governor Bethany Hall-Long and Major General Frank Vavala (ret.) join committee members at a meeting in New Castle.*

## Initiative to Prevent Veteran Suicide in Delaware

As the wife and daughter of veterans, the issue of veterans mental health is personal to me. Far too many veterans return home dealing with the invisible scars of service. Earlier this month, I joined forces with Major General Frank Vavala (Ret.) to co-chair a special Governor's Challenge meeting to prevent suicide among service members, veterans and their families.

It is critical that we do all we can do make sure our veterans and their families have access to quality mental health care when and where they need it most. That's why we are partnering with the Substance Abuse and Mental Health Services Administration (SAMHSA) and the Department of Veterans Affairs (VA) to develop strategies to prevent veteran suicide as part of this initiative. I look forward to working with Major General Vavala and our committee to lay out a roadmap for the future and making a significant impact on this issue.

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## Bertha E. Johnson Scholarship Brunch



It's important that we do all we can to support the next generation of up and coming leaders. Recently, I joined the Zeta Phi Beta Sorority, Inc., Gamma Alpha Rho Zeta Chapter for the annual Bertha E. Johnson Scholarship Brunch.

This brunch is an opportunity to honor Ms. Bertha Johnson who was committed to her community, committed to nurturing young people, and committed to equity in education. It's also an opportunity to give back and raise scholarship funding for the next generation of leaders. It was a privilege to take part in this event and to honor the memory and legacy of Bertha E. Johnson.

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## I Am My Sister's Keeper



"Behind every successful woman is a tribe of other successful women who have her back." It was an honor to join I Am My Sister's Keeper in Wilmington recently for their Teen Summit. This incredible organization empowers women to reach their potential as responsible, resilient and respectful women.

I know how important it is to have a network of strong women pushing you forward and helping you reach your full potential. Thank you to Charlotte Miller-Lacy for giving our girls this critical network of friendship and support to help them reach their dreams.

Find Out  
More

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## Minerva Marrero Hispanic Scholarship Ceremony



Earlier this month, I had the privilege of attending the Minerva Marrero Hispanic Scholarship Fund hosted by the Latin American Community Center (LACC). The program provides Hispanic high school seniors with scholarships to help attend their post-high school and/or vocational opportunities.

It was great hearing from this year's incredible recipients who are an inspiration to so many in the community. Thank you to the LACC for leading this program and for helping to support the next generation of young leaders.

Find Out  
More

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Save the Date: Overdose Awareness Day

# OVERDOSE AWARENESS DAY



**August 25, 2023**

**4 pm -7 pm**

**Delcastle Recreation Park:  
2920 Duncan Rd.  
Wilmington, DE 19808**

**Guest Speakers +**

**Testimonials**

**Exhibitors**

**Family Friendly**

**Food Trucks**

**FREE Narcan Training**

**Tealight Ceremony**

**Vendor  
Interest:**



**Volunteer  
Signup:**



**Sponsored by:**

**FREE  
EVENT!**

community partnership



**HERO HELP**  
addiction assistance



☎ 302.650.7432

✉ [facethefactsde@gmail.com](mailto:facethefactsde@gmail.com)

The issue of substance use disorder is personal for all of us. So many of us know a friend, family member, coworker or neighbor who have lost their lives to addiction. But help is available and recovery is possible for those who need it.

I hope you'll consider coming out to Delaware's Overdose Awareness Day Event on August 25th at Delcastle Recreation Park for a day of support, resources, food and more. If you are interested in volunteering or becoming a vendor, scan the QR codes above. Together, we can fight to break the stigma and save lives.

## Helpful Numbers

National Suicide & Crisis Hotline: 988	Delaware 211: 211	Poison Control: 800-222-1222
Delaware Hope Line: 833-9-HOPEDE	DE Drinking Water: 302-741-8630	Child Abuse Reporting: 800-292-9582
Youth Crisis Support: 800-969-4357	Delaware Stars: 302-831-3239	US Veterans Affairs: 800-698-2411



Have questions or concerns?

Contact the Lt. Governor's Office

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