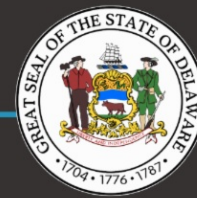




Office of
**Lieutenant Governor
Bethany Hall-Long**



Working for a stronger,
healthier Delaware for all of us.

October 12, 2023 | ltgov.delaware.gov



Lt. Governor Bethany Hall-Long joins Delaware veterans and runners at the VetFest 5K in Middletown last week.

VetFest 2023

VetFest 2023 brought together the military community, mental health leaders, and stakeholders to talk about how we can work together to improve veteran mental health.

My office also sponsored the Lt. Governor's Cup Challenge as part of the VetFest 5K, with the Behavioral Health Consortium and Stop Soldier Suicide providing entry for 65 students to participate in the 5K. I had the honor of personally presenting the cup to the First State Military Academy for their work in supporting this effort. Special thanks to Brian Disabatino and all of the volunteers and supporters who made this a successful event. Thank you for all you do to help prevent veteran suicide and for bringing attention to veterans

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Celebrating Hispanic Heritage Month



Delaware's Hispanic community advocates tirelessly for equity, and we must continue to push for progress. Last week, I joined Governor John Carney for the signing of the Hispanic Heritage Month proclamation. This proclamation is a symbol of our appreciation and love for the diversity and rich culture that makes Delaware uniquely Delaware. Pleased to be with Governor Carney and so many friends, stakeholders, and legislators to commemorate this month.

Supporting Delaware's Creative Economy

The arts have been such an important part of my life, from my time playing piano to seeing the healing power of the arts in medicine. The arts also play a special role in the lives of so many Delawareans. The arts help us learn, inspire us, and help us have fun.

I recently joined the Delaware Arts Alliance to help launch a first-of-its-kind initiative to coordinate a comprehensive plan and shared vision for the arts in the First State. The arts are critical to the backbone of Delaware, positively impacting workforce and economic development, tourism, education and so much more. In order to do more, we must support and grow Delaware's creative economy.

As part of this effort, there's a call for artists, creative business owners, and

patrons of the arts to complete a survey by October 15. There's still time to fill out the survey link: <https://delivr.com/2es2U>

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Investing In Nursing Leadership Summit



Being a nurse isn't just a job, it's a calling. As a public health nurse and professor of nursing, I know how critical it is to help grow the next generation of nurses and nurse leaders in Delaware.

Last month, I had the honor of joining fellow nurse, Rep. Mimi Minor-Brown at the investing in Nursing Leadership Summit to talk about how we can prepare future nurses for today's healthcare environment. Thank you to the Delaware Organization for Nursing Leadership for fostering the next generation of leaders and organizing this motivating event.

Northern Delaware Kidney Walk

KIDNEY WALK

Building Hope with Every Step

Maryland Kidney Walk at UMBC

Sunday, September 10, 2023

Northern Delaware Kidney Walk at Glasgow Park

Sunday, October 15, 2023

This weekend is the 2023 Northern Delaware Kidney Walk at Glasgow Park! This walk raises funds for the National Kidney Foundation and fosters awareness and hope for families impacted by kidney disease. My office has a team, and I encourage you to make a team or stop by the event. You can make a difference and walk for hope and health.

Visit <https://www.kidneywalk.org/> to learn more!

Reminder: Blood Emergency-How You Can Help



The Blood Bank of Delmarva has declared a blood emergency. And our community is not alone, blood shortages are happening across the country, with multiple centers urgently calling for blood donations.

But you can make a difference - the community, especially young and first-time donors, can step up!

While all blood types are needed, types O+, O-, B-, and platelets are critically low.

You can help by:

- Donating blood
- Asking your friends and family to donate
- Promoting the Blood Emergency on social media

As a nurse, I know how critical these lifesaving blood donations are to hospitals and patients. Residents can schedule an appointment by calling 1-888-8-BLOOD-8 or going to delmarvablood.org

Helpful Numbers

National Suicide & Crisis Hotline: 988	Delaware 211: 211	Poison Control: 800-222-1222
Delaware Hope Line: 833-9-HOPEDE	DE Drinking Water: 302-741-8630	Child Abuse Reporting: 800-292-9582
Youth Crisis Support: 800-969-4357	Delaware Stars: 302-831-3239	US Veterans Affairs: 800-698-2411



Have questions or concerns?

Contact the Lt. Governor's Office

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