

Office of Lieutenant Governor Bethany Hall-Long



Working for a stronger, healthier Delaware for all of us.

September 22, 2023 | <u>Itgov.delaware.gov</u>



Lt. Governor Hall-Long joins members of the Delaware Hispanic Commission at the Wilmington Hispanic Parade earlier this month.

Celebrating Hispanic Heritage Month

September 15th marks the start of Hispanic Heritage Month! Delaware is fortunate to have a thriving and vibrant Hispanic community throughout our state. During Hispanic Heritage Month, let's recognize the vast contributions and rich cultural heritage of our Hispanic neighbors. We appreciate and honor all that you do.

Looking for ways to commemorate Hispanic Heritage month? Please follow the **Delaware Hispanic Commission**'s calendar for up-to-date events: Find Out More

Recognizing National Recovery Month



As we recognize National Recovery Month again this September, it's important to remember those we've lost to substance use disorder, those still struggling, and those who have dedicated their lives to helping the cause. It's also a month to remember that hope and recovery are possible.

As Chair of Delaware's Behavioral Health Consortium, I continue to work tirelessly to break down the silos and develop actionable solutions to get Delawareans the prevention, treatment, and recovery services they so desperately need. Check out the <u>Behavioral Health Consortium's website</u> to learn more about our work.

Learn More about National Recovery

Month

Delaware Volunteer Firefighter's Association Conference



It's always an honor joining the Delaware Volunteer Firefighter's Association and Ladies Auxiliary for their annual conference. I cannot overstate how heroic and invaluable the volunteer fire service is to the state of Delaware. Delaware firefighters have been on the frontlines of countless crises facing our state from the COVID-19 pandemic to our state's substance use crisis.

I am deeply grateful for their leadership and partnership. Thank you to the Delaware Volunteer Firefighter's Association and Ladies Auxiliary for all you do for our state.

Find Out More

Blood Emergency: How You Can Help



The Blood Bank of Delmarva has declared a blood emergency. And our community is not alone, blood shortages are happening across the country, with multiple centers urgently calling for blood donations.

But you can make a difference - the community, especially young and first-time donors, can step up!

While all blood types are needed, types O+, O-, B-, and platelets are critically low.

You can help by:

- Donating blood
- Asking your friends and family to donate
- Promoting the Blood Emergency on social media

As a nurse, I know how critical these lifesaving blood donations are to hospitals and patients. Residents can schedule an appointment by calling 1-888-8-BLOOD-8 or going to <u>delmarvablood.org</u>

Helpful Numbers

National Suicide& Crisis	Delaware 211:	Poison Control:
Hotline: 988	211	800-222-1222
Delaware Hope Line: 833-	DE Drinking Water:	Child Abuse Reporting:
9-HOPEDE	302-741-8630	800-292-9582
Youth Crisis Support:	Delaware Stars:	US Veterans Affairs:
800-969-4357	302-831-3239	800-698-2411



Have questions or concerns?

Contact the Lt. Governor's Office

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