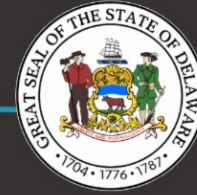




Office of
**Lieutenant Governor
Bethany Hall-Long**



Working for a stronger,
healthier Delaware for all of us.

September 7, 2023 | itgov.delaware.gov



Lt. Governor Bethany Hall-Long joins representatives from the Early Childhood Innovation Center of Delaware at Delaware State University

Supporting Delaware's Early Education Workforce

Early education is where it all begins. Those first 1,825 days of a child's life - from birth to five - are crucial to brain development. Our early educators are key in those early years, so it's critical we do all we can to support their professional development and career pathway as well.

I recently had the opportunity to join leaders from the Early Childhood

Education Center of Delaware (ECIC) to talk about how we can better provide workforce development to reduce barriers and support educators with a more holistic approach. I also had the opportunity to tour the site of a new collaboration between ECIC and Delaware State University. Thanks to this work, the future of early childhood education in Delaware is bright.

August Quarterly Celebration



Last month, I attended the August Quarterly worship service and festival in Wilmington. August Quarterly is a longtime Delaware tradition where we gather to celebrate African American freedom and religious independence. We also recognize the accomplishments of the many remarkable African American men and women who helped shape that freedom across our state and our nation.

Thank you to all of the organizers, volunteers and participants who work to honor the proud legacy of August Quarterly and make this celebration one for all to enjoy!

Turn the Towns Teal



September is Ovarian Cancer Awareness Month. To help raise support and awareness, I was proud to take part in a Turn the Towns Teal event in Middletown last week. Turn the Towns Teal is a national campaign to create awareness of ovarian cancer and its symptoms.

Nationally, more than 22,000 new cases of ovarian cancer are diagnosed every year. Tragically, ovarian cancer often goes undetected or misdiagnosed with over 75% of women being diagnosed in later stages.

As a nurse, I know how important it is to take your health in your own hands. Let's talk about ovarian cancer and break down the stigma on symptoms. Don't be afraid to start the conversation if you feel something is not right. Help us raise awareness and fight back during the month of September.

International Overdose Awareness Day



Far too many of us know someone struggling with substance use disorder. It's an epidemic that has impacted Delawareans in every community. Too many Delawareans come home to an empty seat at the dinner table due to opioids. As Lt. Governor, a nurse, and chair of the Behavioral Health Consortium, I've seen the impact firsthand.

That's why we are working hard to fight back. Thanks to groups like Face the Facts, we are making progress every day. It was an honor to join them for their annual resource and outreach event in recognition of International Overdose Awareness Day.

Together, we can make a difference and fight back against opioid addiction. I encourage you to join me and the Behavioral Health Consortium to tackle these big issues and find solutions for our state.

Helpful Numbers

National Suicide & Crisis Hotline: 988	Delaware 211: 211	Poison Control: 800-222-1222
Delaware Hope Line: 833-9-HOPEDE	DE Drinking Water: 302-741-8630	Child Abuse Reporting: 800-292-9582
Youth Crisis Support: 800-969-4357	Delaware Stars: 302-831-3239	US Veterans Affairs: 800-698-2411

Have questions or concerns?

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