

BHC Quarterly Meeting

Beuna Vista State Conference Center

JULY 16, 2024

10:00 AM-12:00 PM



Agenda

1. Welcome
2. Announcements, and Approval of the Minutes
3. Story of Recovery – Unity Dinner
4. Public Comment
5. Presentation of Prescription Opioid Settlement Distribution Commission Recommendations for 3-Month Bridge Funding, Vote, and Open Item
6. BHC Committee Updates
7. BHC & POSDC Website Update
8. Governor's Challenge Updates
9. Overdose System of Care: Update
10. Addiction Action committee: Update
11. Adjourn

Welcome

- Announcements
- Approval of Minutes

*Presenter: Alexia Wolf, MPH
Executive Director, BHC*

Social Media

Follow BHC on Social Media!



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[Behavioral Health Consortium \(BHC\)](#)



[Behavioral Health Consortium](#)

Unity Dinner

*Presenter:
Bishop Carol Boggerty*



Public Comments



Presentation
of POSDC
Recommendations
for 3-Month Bridge
Funding for Existing
Awardees from
Phases 1A and 1B

*Presenter:
Susan Holloway,
Executive Director
POSDC*





Delaware Prescription Opioid Settlement Distribution Commission

Susan Watson Holloway

Executive Director

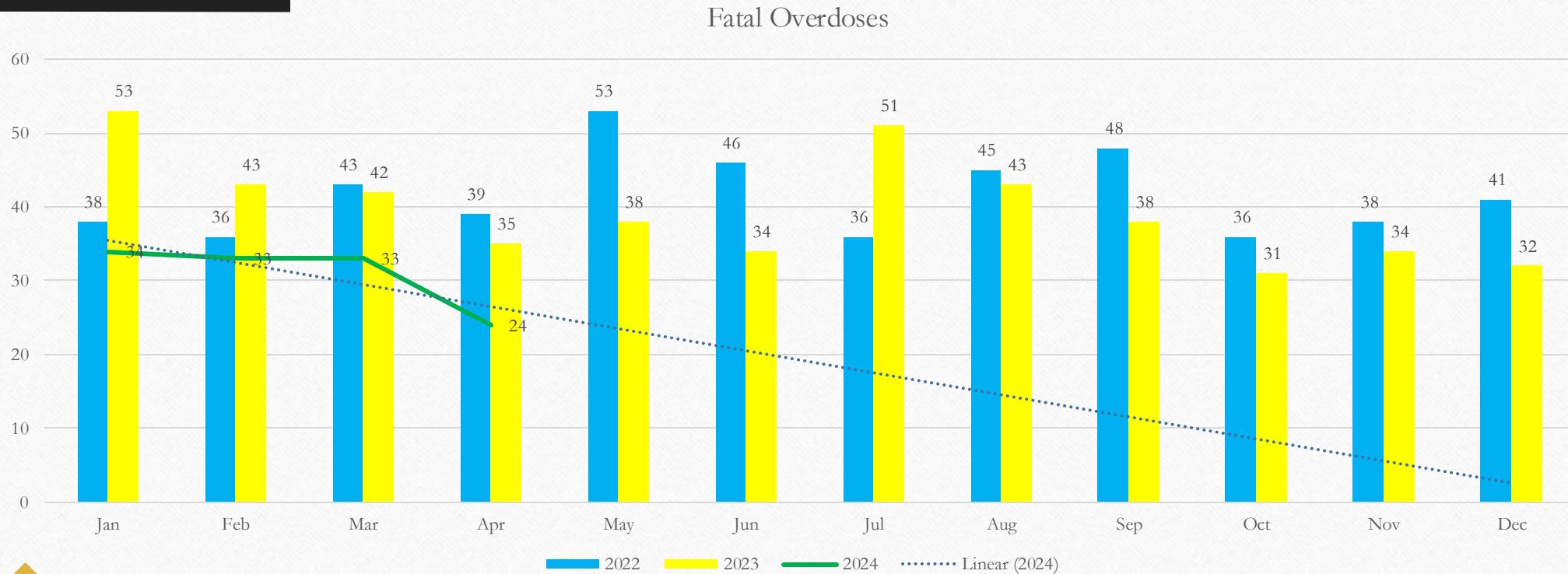
July 2024

Delaware

Reduction in Fatal Overdoses

- **2023 - First Reduction Of Aggregate Numbers In 10 Years**
- **1.8% Decrease overall (147% increase in Black and Brown Communities)**
- **2024 – Reported Numbers Of Suspected Overdoses Expected To Be Lower Than Previous Years (2022 And 2023)**

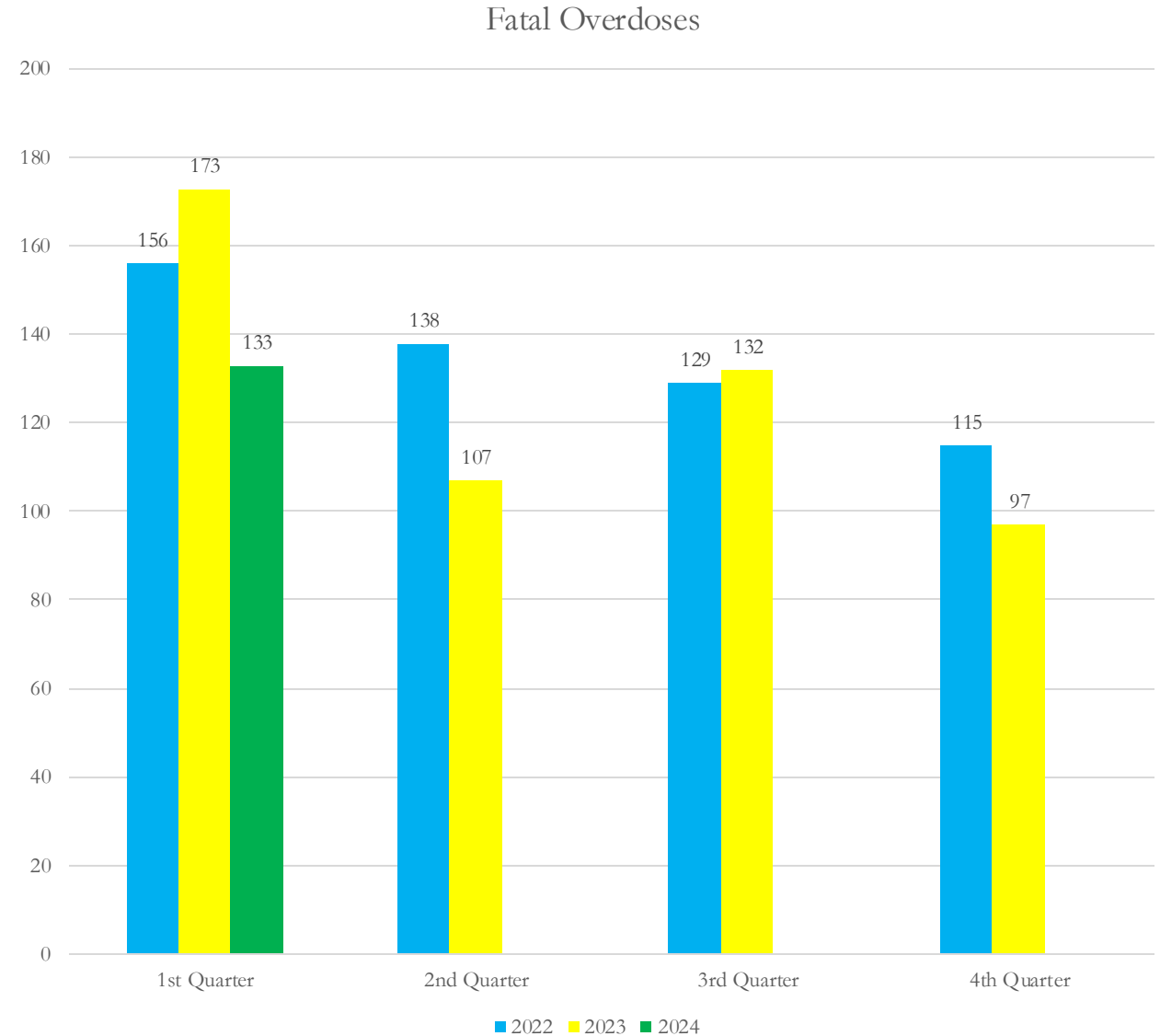
Reduction in Fatal Overdoses



2024 Numbers represent suspected overdoses. These number could decrease with toxicology confirmation

Reduction in Fatal Overdoses

- 2024 Numbers represent suspected overdoses. These number could decrease with toxicology confirmation
- 4th Quarter 2023 reflects the start / implementation of POSDC projects



POSDC Activities / Partnership Events



22 May 2024

Opioid Symposium



31 May 2024

Reform Alliance
Day of Action



1 June 2024

“Mental Health is a
Serious Matter”



June 25 & 26

Unity Dinner:
“Silence on the Streets”

POSDC Fund Balances

Available POSDC Fund Balances

as of

April 30, 2024

- **Settlement Fund Balance:** \$31,599,518
- **Impact Fee Fund Balance:** \$3,370,398



Bridge Grant Awards

- **Grant Extension Initiative: Voted and Approved on May 28, 2024**
- **Eligibility: Phase 1 A and Phase 1 B Awardees in Good Standing**
- **Amount of Bridge Requests: Approximately \$1.9M**
- **POSDC Approval Vote: June 28, 2024**

Phase 1 C Grant Awards Cycle

- **Phase 1 C Grant Cycle: Voted and Approved on May 28, 2024**
- **Eligibility: All Delaware Business in Good Standing**
- **Grant Focus: Initiatives Identified by POSDC Subcommittees and Approved by Full Voting POSDC**
- **Amount Budgeted for Phase 1 C: \$15M (- amount of Bridge Grants)**



Thank you!

Next POSDC Quarterly Meeting

July 29, 2024 @ 1pm

Discussion and Vote



Open Item from Phase 1B

Presenters:

*Stephen Ferguson, Deputy
Attorney General*

*Patricia Davis, State
Solicitor*



Meeting Adjourned at this point in the presentation deck, at 12:03 PM, having surpassed its previously scheduled end time of 12:00 pm.

Committee Updates



Changing Perceptions and Stigma

*Presenters and Co-Chairs:
Dr. Valerie Earnshaw,
Beth Jeker*

Identified Goals:

1. Support Collegiate Recovery Communities.
2. Ensure that youth and people with lived experiences are represented on BHC Committees.
3. Support and advertise community stigma intervention work.

The National Governors Association
Recovery Friendly Workforce Initiative
is nested in this Committee.

Education and Prevention

*Presenters and Co-Chairs:
Rebecca King,
Sandra Syglowski*

Identified Goals:

1. Develop and promote strategies for Delaware schools and pediatricians to coordinate and conduct universal mental health prescreening and referral processes for youth ages 10 to 13.
2. Promote and support behavioral health prevention and education campaigns.
3. Educate on and advocate for the use of nonpharmacological pain management strategies.

Education and Prevention

*Presenters and Co-Chairs:
Rebecca King,
Sandra Syglowski*

Committee Highlights:

1. Promoted the 1 Pill can Kill campaign statewide.
2. Promoted National Fentanyl Awareness Day, with the goal of encouraging parents to speak to their children, aiming to reduce overdoses.
3. Promoted nonpharmacological treatments for pain management resources to prevent opioid and substance use.
4. Providing input and recommendations via collaboration on AAC's under development substance use primary prevention strategic plan.

Family and Community Readiness

*Presenter and Chair:
Wade Jones*

Identified Goals:

1. Develop strategies that protect a person's autonomy to direct their own care while experiencing a mental health crisis.
2. Enhance access to housing and promote housing stability for the Behavioral Health Community through a multi-strategy approach.

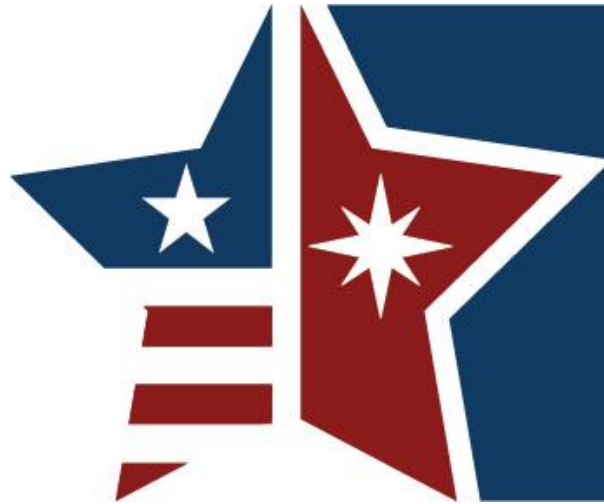
BHC & POSDC Website Update

*Presenter:
Aloysius Butler & Clark*



Governor's
Challenge to
Prevent Suicide
Among Military
Veterans,
Service
Members, and
their Families

*Presenter:
Dr. Larence Kirby, LPCMH*



VA/SAMHSA Governor's Challenge
to Prevent Suicide Among SMVF

Governor's Challenge to Prevent Suicide Among Military Veterans, Service Members, and their Families

Presenter:

Dr. Larence Kirby, LPCMH

- Priority Area 1 – Identifying and Screening for Suicide Risk
 - Bridge Clinics have established methods to identify veteran populations
- Priority Area 2 – Promoting Connectedness and Improving Care Transitions
 - Methods to improve engagement within post-military community



Governor's Challenge to Prevent Suicide Among Military Veterans, Service Members, and their Families

Presenter:

Dr. Larence Kirby, LPCMH

- Priority Area 3 – Lethal Means Safety and Safety Planning
 - Not only about gun safety, attend to overdoses, suffocation, cutting
- Way Ahead – Suicide Mortality Review
 - Create statewide board to assess suicides
 - Identify risk and protective factors



Update: Overdose System of Care

DELAWARE OVERDOSE SYSTEM OF CARE (OSOC) & ADDICTION ACTION COMMITTEE (AAC) UPDATES



PRESENTED TO THE DELAWARE BEHAVIORAL HEALTH CONSORTIUM

TUESDAY, JULY 16TH, 2024

JOANNA CHAMPNEY, M.A., DIVISION DIRECTOR, DIVISION OF SUBSTANCE ABUSE AND MENTAL HEALTH

DR. REBECCA WALKER, PH.D., JD, MSN, DEPUTY DIRECTOR, DIVISION OF PUBLIC HEALTH





Delaware Overdose System of Care

OSOC Subcommittees

Acute OUD Stabilization Subcommittee

- Co-Chairs: Kate Brookins and Rob Rosenbaum
- Meeting Dates: 3rd Tuesday of every month from 2-3pm

Data and Quality Subcommittee

- Co-Chairs: Caroline Judd and Claire Wang
- Meeting Dates: 4th Tuesday of every month from 4-5pm

Naloxone Subcommittee

- Co-Chairs: Brent Waninger and Diane Hainsworth
- Meeting Dates: 2nd Thursday of 2nd month of every quarter from 2-3pm

Acute OUD Stabilization Subcommittee Updates

- Subcommittee has worked to **strengthen relationships between EDs, EMS, and community treatment** providers, and **developed pathways** for patients who are treated in an acute setting, initiated on buprenorphine, and referred to community treatment
- Now that relationships and pathways are developed, **subcommittee focus will shift slightly**
- Focus for the coming year (subject to change as plans are finalized):
 - Sharing national best practices around topics such as screening/triage, engagement and buprenorphine, transitions of care
 - Developing Delaware-specific best practices for EDs to reference
 - Involving health systems leadership and other stakeholders to socialize and strengthen best practices

Data and Quality Subcommittee Updates

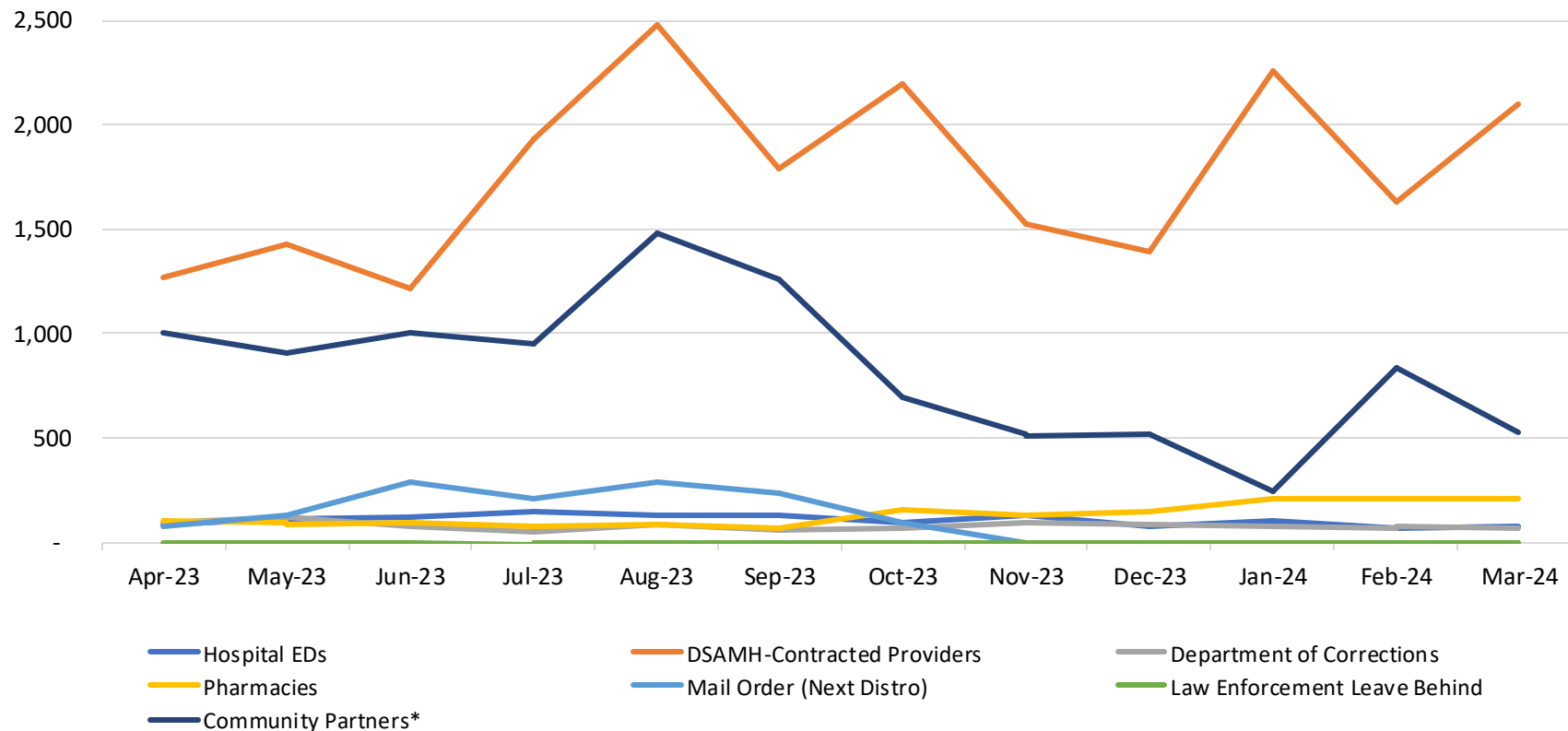
- Refining inclusion and exclusion criteria for North Star metrics #1 and #2 (see next slide)
- Currently calculating North Star metrics with Medicaid claims data only, but working to include data from Delaware's all-payer claims database and prescription monitoring program
- OSOC Quality Evaluation sessions continue quarterly
 - Confidential, problem-solving meetings for EDs, EMS, community treatment providers, and State representatives to discuss clinical cases, examine relevant data, and improve referral pathways
 - QE discussions are productive, and takeaways inform OSOC goals and operations, subcommittee work, and OSOC Leadership priorities

OSOC North Star Metrics

Metric	Definition	Numerator	Exclusions
1. Buprenorphine prescription at ED discharge	Percent of patients presenting to the ED for OUD related Events who initiate buprenorphine in the ED	Number of patients presenting to the ED for OUD related events as indicated by primary diagnosis ICD 10 code who initiate buprenorphine while in ED	Members already on MOUD or buprenorphine; Discharges to inpatient, acute setting, prison, SNF; decedents
2. Outpatient engagement in follow-up treatment following ED discharge	Percent of ED patients with a primary diagnosis of OUD engaging in outpatient treatment 7 days after ED discharge	Number of patients discharged from ED with a primary diagnosis of OUD who had an outpatient follow-up visit with 7 Days of discharge	Discharges to inpatient, acute setting, prison, SNF; decedents
3. MOUD initiation after ED discharge	Percent of patients with OUD Diagnosis who fill MOUD Rx within 7 days of Visit	Number of patients discharged from ED with a primary Dx of OUD who received a Rx for bupe and filled the Rx within 7 days of discharge	Discharges to inpatient, acute setting, prison, SNF; decedents
4. Sustained engagement in MOUD treatment	Percent of patients discharged from the ED with a primary diagnosis of OUD who were discharged with a Rx for buprenorphine, initiated MOUD, and remained engaged in MOUD treatment for 180 days	Number of patients discharged from the ED with a Rx for bupe who have filled bupe Rx's for 180 days of continuous treatment	Discharges to inpatient, acute setting, prison, SNF; decedents

Naloxone Subcommittee Updates

Naloxone Distribution by Entity
During the 12-Month Period Ending Q1 2024

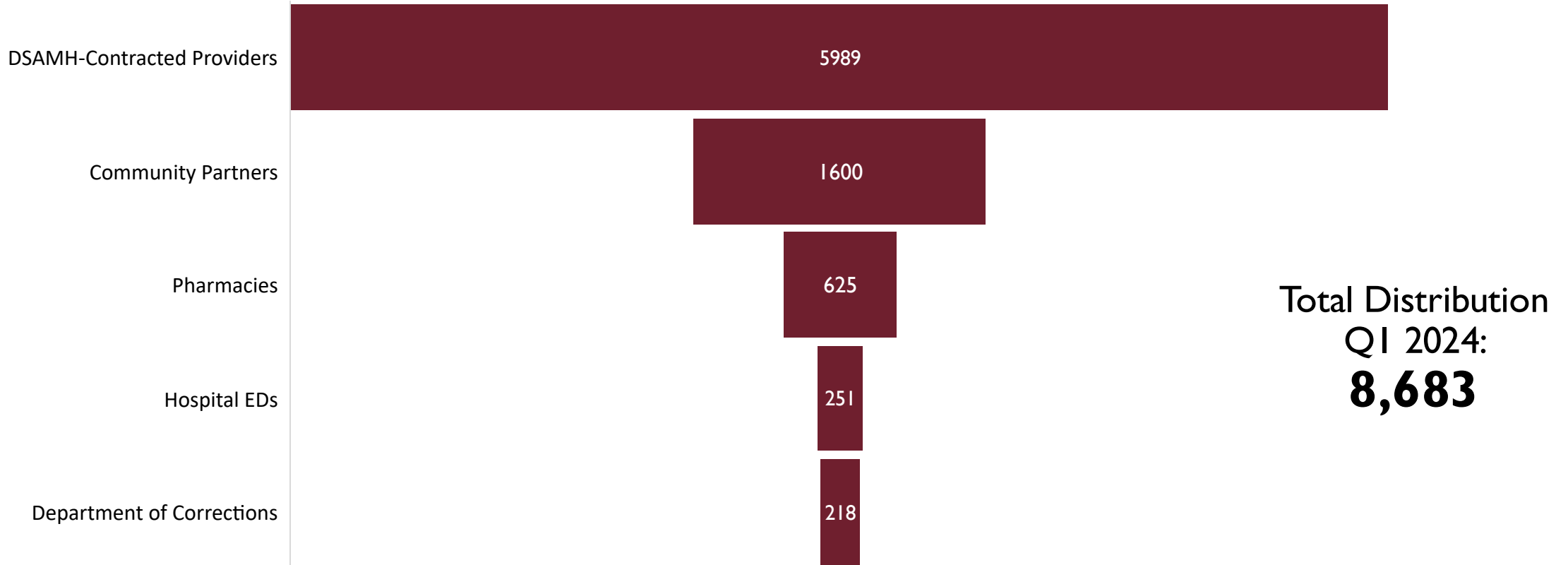


Total 12-Month
Distribution:

36,304

In Q1 2024, largest share of naloxone was distributed by DSAMH-contracted behavioral health providers

Total Naloxone Kits Distributed Q1 2024 By Entity



Upcoming OSOC Meetings

Tuesday, 7/23 from 4-5pm: Data & Quality Subcommittee (public)

- Zoom link [HERE](#)

Thursday, 8/8 from 2-3pm: Naloxone Subcommittee (public)

- Zoom link [HERE](#)

Tuesday, 9/10: OSOC Quality Evaluation (closed meeting)

OSOC Committee Quarterly Meeting (public)

- Teams link [HERE](#)

All meetings also have an in-person anchor location at 100 Sunnyside Road, Smyrna, DE.

To be added to the distribution list for any meetings, contact Margot Swift at mswift@healthmanagement.com.

Update: Addiction Action Committee



Delaware Addiction Action Committee



Mission

“The Addiction Action Committee will foster collaboration amongst communities, providers, advocates, governmental agencies, and other stakeholders to develop and monitor a coordinated and comprehensive approach to Delaware’s addiction epidemic.”

- Title 16, Ch. 51, Subchapter IX; [Delaware Code Online](#)



AAC Quarterly Meeting Overview

Meeting Date/Location	Agenda Overview
October 10, 2023 <i>DHSS Chapel</i>	<ul style="list-style-type: none">• Setting goals for the AAC and developing subcommittees• Review of the number of licensed providers able to offer addiction treatment• Review of Opiate Prescribing Patterns
January 10, 2024 <i>DE Pharmacist's Society</i>	<ul style="list-style-type: none">• Subcommittee Introductions & Updates• In the Works Harm Reduction Report• Delaware Marijuana Control Act Oversight Committee presentation
April 10, 2024 <i>Springer Building Classrooms 1&2</i>	<ul style="list-style-type: none">• National perspective on marijuana use• Substance use treatment services for youth in DE• ASAM 4th Edition Changes• Subcommittee Updates
July 10, 2024 <i>DE Pharmacist's Society</i>	<ul style="list-style-type: none">• Review of AAC bylaws and Managing Membership Changes• Subcommittee updates• Sussex Spike in SUD and Outreach Initiatives• Agenda Setting/Future AAC Planning
Oct. 9, 2024 <i>DE Pharmacist's Society</i>	TBD – Agenda in development



AAC Subcommittees

Subcommittee	Co-Chairs	Meeting Dates
Addiction Treatment Services	Kate Brookins Hunter Hastings	3 rd Wednesday of every month at 10 AM ET
Patient Centered Care (PCC)	Dr. Travis McKay Dr. Andrea DeSimone	Sept. 27 th , 2024 (3-4 PM ET) Dec. 13 th , 2024 (3-4 PM ET)
Harm Reduction	Domenica Personti Rebecca Urey	Sept. 5 th , 2024 (1-2 PM ET) Dec. 4 th , 2024 (1-2 PM ET)
Primary Prevention <i>Includes working group on marijuana messaging</i>	Amy Herb Hayat Nasru Omar	2 nd and 4 th Monday of every month at 11 AM-12 PM ET
Rural Health	Wade Jones Peggy Geisler	2 nd Wednesday of every month at 11 AM-12 PM ET



Role Call – Committee Members

Appointee	Designee
Secretary of the DHSS	Rebecca Walker, PhD, JD, MSN
The Deputy Secretary of the DHSS	Joanna Champney, MA
The Secretary of the DOS	Shauna Slaughter
The Secretary of the DSHS	Wendy Hudson
The Secretary of the DSCYF	Stephanie Traynor, PsyD, MBA
The Secretary of the DOE	Lisa Henry, MHA*
The Attorney General	Julia Lawes, MS
Delaware licensed physicians nominated by the MSD	Andrea C. DeSimone, DO
Delaware licensed physicians nominated by the MSD	John V. Fenice, MD
Delaware licensed registered nurse nominated by the DNA	Traci Carroll, MSN, MBA, RN-BC
Delaware licensed pharmacist nominated by the DPS	April Bush, RPh
A representative of a drug treatment facility	Stefan Zonia*
A representative of the pharmaceutical industry	Hooshang Shanehsaz, RPh
A representative of a healthcare facility nominated by the DHA	Megan Williams, DNP, FNP-C, FAANP
A representative of a private insurance carrier	Avani Virani, MD
Public member representing community efforts to address the problem of substance abuse	Mike Barbieri*
Public member representing community efforts to address the problem of substance abuse	Peggy Geisler

*new voting member



Upcoming AAC Meeting: 2024 - 2025



Thank you!

For additional information, contact the AAC Co-Chairs:

- Joanna Champney, DSAMH Director:
joanna.champney@delaware.gov
- Rebecca Walker, Ph.D., DPH Deputy Director:
rebecca.walker@delaware.gov

To be added to the distribution list for AAC meetings, contact Nehath Sheriff at nsheriff@healthmanagement.com



Next Meeting:

- Tuesday, October 15th, 2024



Adjourn

THANK YOU FOR ATTENDING



